

# Hold Me Forever

**COPPER** **KNOB**  
BY STEPHANIE

**Count:** 32

**Wall:** 2

**Level:** High Beginner

**Choreographer:** Sebastiaan Holtland (NL) - October 2014

**Music:** Hold Me - Barbados : (CD: Barbados 1995)



**Intro 16 count start dancing at (08 sec).**

**Sec 1. [1-8] Step, Hold, ½ R, Back, Side, Fwd Rock, Recover, ½ L, Step, Point.**

1-4 Step Rt fwd, Hold, turn ½ right (6) step Lt back, step Rt to the right.

5-8 Rock Lt fwd, recover on Rt, turn ½ left (12) step Lt slightly fwd, point Rt out to right.

**Restart Here WALL 5 after 8 count (Facing 12 o'clock) after start again (Facing 12 o'clock).**

**Sec 2. [9-16] Fwd Rock, Recover, Big Step Back, Hold, Back, ¼ R, Side, 1/8 R, Step, Hold.**

1-4 Rock Rt fwd, recover on Lt, step Rt big back, Hold (head facing return 3:00).

5-8 Step Lt back, turn ¼ right (3) step Rt to the right, continue 1/8 right step Lt fwd, Hold.

**Sec 3. [17-24] Step, Lock, Step, ½ L, Hook, Step, 1/8 L, Back, Back, Sweep R.**

1-4 Step Rt fwd, lock Lt behind Rt, step Rt fwd (diagonal), turn ½ left hook Lt up across Rt.

5-8 Step Lt slightly fwd, turn 1/8 left (6) step Rt back, step Lt back and bending knee, sweep Rt back from front to back.

**Sec 4. [25-32] Back, ¼ L, Side, Step, Hold, Walk ½ Circle To L, Step ¼ L Down Up.**

1-4 Step Rt Back, turn ¼ left (3) step Lt to the left, step Rt fwd, Hold.

5-8 Turn 1/4 left (12) walk Rt fwd, turn 1/4 left (9) walk Lt fwd, turn ¼ left (6) step Lt slightly fwd dip body down, coming up take weight onto Lt.

**Start Again and have fun!**

**Contact:** [smoothdancer79@hotmail.com](mailto:smoothdancer79@hotmail.com)