|  |  |
| --- | --- |
| This Is How We Do It |  |

.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Amy Christian (USA) - April 2020 | | | | |
| **Music:** | This Is How We Do It - Montell Jordan | | | | |
| . | | | | | | |

**Intro: Start right after Montell sings “This is how we do it”.**

**STEP, LOCK, SHUFFLE FORWARD, SIDE, TOGETHER, SIDE SHUFFLE,**

|  |  |
| --- | --- |
| 1-2 | Step R diagonally forward, Step L behind R heel – pop R knee, [1:00] |

|  |  |
| --- | --- |
| 3&4 | Shuffle forward R-L-R, |

|  |  |
| --- | --- |
| 5-6 | Step L to left side, Step R next to L, |

|  |  |
| --- | --- |
| 7&8 | Side shuffle L-R-L, |

**STEP, LOCK, SHUFFLE FORWARD, SIDE, TOGETHER, SIDE SHUFFLE,**

|  |  |
| --- | --- |
| 1-2 | Step R diagonally forward, Step L behind R heel – pop R knee, |

|  |  |
| --- | --- |
| 3&4 | Shuffle forward R-L-R, |

|  |  |
| --- | --- |
| 5-6 | Step L to left side, Step R next to L, |

|  |  |
| --- | --- |
| 7&8 | Side shuffle L-R-L, |

**STEP DIAGONALLY BACK, TOUCH (CLAP) X 2, BACK, BACK, BACK, TOGETHER,**

|  |  |
| --- | --- |
| 1-2 | Step R diagonally back, Touch L next to R (Clap), |

|  |  |
| --- | --- |
| 3-4 | Step L diagonally back, Touch R next to L (Clap), |

|  |  |
| --- | --- |
| 5-8 | Step back R-L-R, Step L next to R, |

**SIDE, TOUCH, SIDE, TOUCH, STEP FORWARD, TOUCH, ¼ SIDE, TOUCH,**

|  |  |
| --- | --- |
| 1-2 | Step R to right side, Touch L next to R, |

|  |  |
| --- | --- |
| 3-4 | Step L to left side, Touch R next to L, |

|  |  |
| --- | --- |
| 5-6 | Step R forward – bending knees, Touch L next to R, |

|  |  |
| --- | --- |
| 7-8 | Make a ¼ turn left stepping - L to left side [9:00], Touch R next to L, |

**Start over!**

**Email: amyc@linefusiondance.com - Website: www.linefusiondance.com**