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| Can't Sleep Love |  |

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| **Count:** | 96 | **Wall:** | 1 | **Level:** | Phrased Intermediate | . |
| **Choreographer:** | Tony Koidla (EST) - November 2015 | | | | |
| **Music:** | Can't Sleep Love - Pentatonix | | | | |
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**Start with lyrics. Pattern of dance ABC,ABC,BC**

**Part A – 32 counts**

**A[1 – 8] Out-out-in-in, ½ L step ,fwd, ½ L, fwd, L side rock with press, recover**

|  |  |
| --- | --- |
| 1&2& | L fwd left diagonal (1) R fwd right diagonal (&) L back to center (2) R back together (&) |

|  |  |
| --- | --- |
| 3,4,5 | turn ½ left step L fwd (3) R fwd (4) turn ½ left (5) |

|  |  |
| --- | --- |
| 6,7,8 | R fwd (6) rock L left with press (7) recover R(8) |

**A[9 -16] Behind-1/4 R step-fwd, mambo, back, coaster step, fwd, ½ L**

|  |  |
| --- | --- |
| 1&2 | L behind R (1) turn ¼ right R fwd (&) L fwd (2) |

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| --- | --- |
| 3&4 | rock R fwd (3) recover L (&) R back (4) |

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| --- | --- |
| 5&6,7,8 | L back (5) R beside L (&) L fwd (6) R fwd (7) turn ½ left (8) |

**A[17-24] Out-out-in-in, ½ R step , fwd, ½ R, fwd, R side rock with press, recover**

|  |  |
| --- | --- |
| 1&2& | R fwd right diagonal (1) L fwd left diagonal (&) R bact to center (2) L back together (&) |

|  |  |
| --- | --- |
| 3,4,5 | turn ½ right step R fwd (3) L fwd (4) turn ½ right (5) |

|  |  |
| --- | --- |
| 6,7,8 | L fwd (6) rock R right with press (7) recover L (8) |

**A[25-32] Behind-1/4 L step-fwd, mambo, back, coaster step, fwd, ½ R**

|  |  |
| --- | --- |
| 1&2 | R behind L (1) turn ¼ left L fwd (&) R fwd (2) |

|  |  |
| --- | --- |
| 3&4 | rock L fwd (3) recover R (&) L back (4) |

|  |  |
| --- | --- |
| 5&6,7,8 | R back (5) L beside R (&) R fwd (6) L fwd (7) turn ½ right (8) |

**Part B – 32 counts**

**B[1 – 8] Side, heel-toe-heel swivel, fwd, fwd-1/4 R step-point, cross, side, ¼ L**

|  |  |
| --- | --- |
| 1&2& | L left (1) swivel R heel in (&) swivel R toe in (2) swivel R heel in (&) |

|  |  |
| --- | --- |
| 3,4&5 | R fwd (3) L fwd (4) turn ¼ right R fwd (&) point L toe left (5) |

|  |  |
| --- | --- |
| 6,7,8 | cross L over R (6) R right (7) turn ¼ left (8) |

**B[9 -16] Coaster step, cross suffle R, ¼ L, ¾ L sweep, cross suffle L**

|  |  |
| --- | --- |
| 1&2 | R back (1) L beside R (&) R fwd (2) |

|  |  |
| --- | --- |
| 3&4& | L across R (3) R right (&) L across R (4) turn ¼ left R back (&) |

|  |  |
| --- | --- |
| 5,6 | turn ½ left L fwd sweep R back to fwd (5) turn ¼ left on L finishing ¾ sweep (6) |

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| --- | --- |
| 7&8 | R across L (7) L left (&) R across L (8) |

**B[17-24] Coaster step, cross suffle L, ¼ R, ¾ R sweep, cross suffle R**

|  |  |
| --- | --- |
| 1&2 | L back (1) R beside L (&) L fwd (2) |

|  |  |
| --- | --- |
| 3&4& | R across L (3) L to left (&) R across L (4) turn ¼ right L back (&) |

|  |  |
| --- | --- |
| 5,6 | turn ½ right R fwd sweep L back to fwd (5) turn ¼ right on L finishing ¾ sweep (6) |

|  |  |
| --- | --- |
| 7&8 | L across R (7) R right (&) L across R |

**B[25-32] Side, heel-toe-heel swivel, fwd, fwd-1/4 L step-point, side ¼ R**

|  |  |
| --- | --- |
| 1&2& | R right (1) swivel L heel in (&) swivel L toe in (2) swivel L heel in (&) |

|  |  |
| --- | --- |
| 3,4&5 | L fwd (3) R fwd (4) turn ¼ left L fwd (&) point R toe right (5) |

|  |  |
| --- | --- |
| 6,7,8 | cross R over L (6) L left (7) turn ¼ right (8) |

**Part C – 32 counts**

**C[1 – 8] Kick-cross-point 2X, walk 2X, sugar push**

|  |  |
| --- | --- |
| 1&2 | kick L fwd (1) cross L over R (&) point R toe right (2) |

|  |  |
| --- | --- |
| 3&4,5 | kick R fwd (3) cross R over L (&) point L toe left (4) L fwd (5) |

|  |  |
| --- | --- |
| 6,7&8 | R fwd (6) L in and behind R taking the weight (7) replace weight onto R (&) replace weight onto L (8) |

**C[9 -16] Shuffle ½ R 2X, coaster step, walk 2X**

|  |  |
| --- | --- |
| 1&2 | turn ¼ right R right (1) L beside R (&) turn ¼ right R fwd (2) |

|  |  |
| --- | --- |
| 3&4 | turn ¼ right L left (3) R beside L (&) turn ¼ right L back (4) |

|  |  |
| --- | --- |
| 5&6,7,8 | R back (5) L beside R (&) R fwd (6) L fwd (7) R fwd (8) |

**C[17-24] Cross samba 2X, sailor turn 2X**

|  |  |
| --- | --- |
| 1&2,3&4 | cross L over R (1) rock R right (&) recover L (2) cross R over L (3) rock L left (&) recover R (4) |

|  |  |
| --- | --- |
| 5&6,7&8 | turn ¼ left L back (5) R beside L (&) L left (6) turn ¼ right R back (7) L beside R (&) R right (8) |

**C[25-32] Rumba box, step ½ R 2X**

|  |  |
| --- | --- |
| 1&2,3&4 | L left (1) R beside L (&) L back (2) R right (3) L beside R (&) R fwd (3) |

|  |  |
| --- | --- |
| 5,6,7,8 | L fwd (5) turn ½ right (6) L fwd (7) turn ½ right (8) |

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