

# Back and Forth

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Sue Smyth (UK) - August 2014

Musik: Walkin' the Floor Over Me - Alan Jackson



Intro: 16 counts

**Right Heel Strut, Left Heel Strut, Right Lock Right, Left Heel Strut Right Heel Strut, Left Lock Left**

1&2& Step Right Heel Fwd, Step Weight On Right, Step Left Heel Fwd, Step Weight On Left  
3&4 Step Fwd On Right, Lock Left Behind Right, Step Fwd On Right  
5&6& Step Left Heel Fwd, Step Weight On Left, Step Right Heel Fwd, Step Weight On Right  
7&8 Step Fwd On Left, Lock Right Behind Left, Step Fwd On Left

**Right Mambo Fwd, Step Back Hitch, Back Hitch, Back Hitch, Left Coaster Step, Step ¼ Turn Cross**

1&2& Rock Fwd On Right, Rec On Left, Step Back On Right, Hitch Left Leg  
3&4& Step Back On Left, Hitch Right Leg, Step Back On Right, Hitch Left Leg  
5&6 Step Back On Left, Step Right Beside Left, Step Fwd On Left  
7&8 Step Fwd On Right, Make ¼ Turn Left Placing Weight On Left, Cross Right Over Left

**Left Scissors Cross, Right Scissor Cross, Side Tog Fwd, Walk Fwd Right, Left**

1&2 Step Left To Left Side, Step Right Beside Left, Cross Left Over Right,  
3&4 Step Right To Right Side, Step Left Beside Right, Cross Right Over Left  
5&6& Step Left To Left Side, Step Right Beside Left, Step Fwd On Left, Scuff Right Foot Fwd  
7&8& Step Fwd On Right, Clap, Step Fwd On Left, Clap

**Right Mambo ½ Turn, Triple ½ Turn, Right Lock Back, Left Coaster Step**

1&2 Rock Fwd On Right, Rec On Left ½ Turn Right Stepping Fwd On Right  
3&4 Shuffle ½ Turn Right On The Spot (Triple Turn) L R L,  
5&6 Step Back On Right, Lock Left Infront Of Right, Step Back On Right,  
7&8 Step Back On Left, Step Right Beside Left, Step Fwd On Left

**Ending : You Will Be Facing 6 O'clock On Sec 2 Wall 7---- 7&8-- Instead Of Doing A Step ¼ Turn, Do A Step ½ Turn To Face 12 O'clock**

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