Shake It Off



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Eliott Mar (USA) - August 2014

Musik: Shake It Off - Taylor Swift



WALKING BOX STEP

1, 2	Step R to right side, Touch L next to right
3, 4	Step back L, Step R next to left
5, 6	Step L to left side, Step R next to left
7 8	Sten forward I Touch R next to left

HEEL, HITCH, STEP, TOUCH, 1/4 TURN CHARLESTON

1, 2	Touch R heel forward, Hitch R knee
3, 4	Cross step R behind L, Touch L to left side
5, 6	1/4 turn to right (3:00) and Step L forward, Kick R forward
7, 8	Step R back, Touch L back

SIDE, TOUCH, SIDE, TOUCH

1, 2	Step L to left side, hold
3, 4	Cross touch R behind L, hold
5, 6	Step R to right side, hold
7, 8	Cross touch L behind R, hold

1/2 TURN, TOUCH, 1/2 TURN, TOUCH

1, 2	Step L forward, ½ turn to right (9:00)
3, 4	Touch R back, hold
5, 6	Step R forward, ½ turn to left (3:00)

7, 8 Touch L back, hold

TOE STRUTTS

1, 2	Step forward L (on ball of foot), drop left heel
3, 4	Step forward R (on ball of foot), drop right heel
5, 6	Step forward L (on ball of foot), drop left heel
7, 8	Step forward R (on ball of foot), drop right heel

^{**} Wall 7: Restart dance here from the beginning

GRAPEVINE LEFT, GRAPEVINE RIGHT WITH TURN

1, 2	Step L to left side, cross Step R behind left
3, 4	Step L to left side, Touch R next to left
5, 6	Step R to right side, cross Step L behind right
7, 8	1/4 turn R (6:00) step R forward, Step L next to right (weight on both feet)

TOE SWIVELS

1, 2	Swivel heels to right (weight on heels), swivel toes to right (weight on toes)
3, 4	Swivel heels to right (weight on heels), swivel toes to right (weight on heels)
5, 6	Swivel toes to left (weight on toes), swivel heels to left (weight on heels)
7, 8	Swivel toes to left (weight on toes), swivel heels to left (weight on left foot)

TOUCH SIDE, TOGETHER, TOUCH SIDE, TOGETHER, TOUCH FRONT, TOGETHER, TOUCH FRONT, TOGETHER

1, 2	Touch R to right side, Step R next to left
3 4	Touch I to left side. Step I next to right

- 5, 6 Touch R heel forward, Step R next to left
- 7, 8 Touch L heel forward, Step L next to right

REPEAT

Step Sheet by Kerry Kick (www.kerrykick.com)
See the video and subscribe to Eliott's Channel (http://www.youtube.com/user/FutureSexLoveChannel)