

# My Pledge (Is My Bond)

Count: 34

Wand: 2

Ebene: Improver

Choreograf/in: David Lawson & Janene Lawson (AUS) - May 2014

Musik: Man of My Word - Collin Raye : (Album: Extremes.)



**Start: Weight on left, start on lyrics.**

**[1 - 8] □ Side rock, behind side cross, side rock  $\frac{3}{4}$  triple turn left:**

- 1 - 2 Rock R to R side, recover to L,
- 3 & 4 Step R behind L, step L to L side, Step R in front of L,
- 5 - 6 Rock L to L side, recover to R.
- 7 & 8 Turn  $\frac{3}{4}$  L, triple step L, R, L.

**[9 - 16] □ Rock forward, recover, slow sweep, slow sweep, coaster step, shuffle forward:**

- 1 - 2 Rock forward on R, recover to L,
- 3 - 4 Sweep R around to R and behind L, Sweep L around to L and behind R
- 5 & 6 Step R back, step L alongside R, step R forward.
- 7 & 8 Shuffle forward L, R, L.

**[17 - 24] □ Step  $\frac{1}{4}$  pivot, cross shuffle, step back  $\frac{1}{4}$  turn, step back, coaster step:**

- 1 - 2 Step R forward, pivot  $\frac{1}{4}$  turn L,
- 3 & 4 Cross R in front of L, step L to L side, cross R in front of L,
- 5 - 6 Step L back, turning  $\frac{1}{4}$  R, step R back,
- 7 & 8 Step L back, step R alongside L, step L forward,

**[25 - 32] □ Shuffle forward, step  $\frac{1}{4}$  pivot, cross samba, cross samba:**

- 1 & 2 Shuffle forward R, L, R,
- 3 - 4 Step L forward, pivot  $\frac{1}{4}$  turn R,
- 5 & 6 Cross L over R, rock onto R, recover to L,
- 7 & 8 Cross R over L, rock onto L, recover to R.

**[33 - 34] Shuffle forward, hitch:**

- 1 & 2 & Shuffle forward L, R, L, hitch R knee across left.

**Repeat on new wall.**

**Restart: On wall 4 (facing 6:00), dance to count 16, then start again.**

**Note: After the restart, you will be dancing to the side walls.**

**Happy Dancin'**