

Rev It

COPPER KNOB
STEPPED METS

Count: 32

Wand: 4

Ebene: Beginner Plus

Choreograf/in: Rob Fowler (ES) - June 2014

Musik: Revolution In the Head - Girls Aloud



SECTION 1: Skate Right, Skate Left, 1/4 Turn Chasse , Full Turn Left, Bump Hips

- 1&2 Skate right to right diagonal, Skate left to left diagonal
3&4 Make ¼ turn left chasse right, RLR
5,6 Make ¼ turn left on left, Make ½ turn left back right
7&8 Make ¼ turn left bump hips LRL

SECTION 2 Side, Cross, Side, Kick x 2, Step Back RLR, Hitch, hip bumps

- 1&2& Step Right to right side, cross left over right, step right to right side, kick left to left Diagonal
3&4& Step left to left side, cross right over left, step left to left side, kick right to right diagonal
5&6& Step back right, Step back left, step back right, Hitch left
7&8 Bump left hip fwd, bump hip back, bump hip fwd LRL

SECTION 3 Walk, Walk, Mambo, Back, Back, Coaster Step

- 1,2 Walk fwd right, Walk fwd left
3&4 Rock fwd right, recover, step right next to left
5,6 Walk back left, walk back right
7&8 Left coaster step LRL

SECTION 4 Right Hip Bumps , Left Hip Bumps, 4 x 1/8 Paddle Turn Left

- 1&2 Bump right hip fwd, recover, bump right hip fwd RLR
3&4 Bump left hip fwd, recover, bump left hip fwd LRL
5&6& Make 1/8 turn Left touching right to right side, recover, Repeat
7&8& Make 1/8 turn Left touching right to right side, recover, Repeat

ON LAST 8 COUNTS SHIMMY'S OR HIP ROLLS ARE OPTIONAL EXTRA'S

START OVER
