

Only Sixteen

Count: 32

Wand: 4

Ebene: Improver ECS

Choreograf/in: Maria Maag (DK) - April 2014

Musik: Only Sixteen - Craig Douglas



Intro: □ 16 counts from first beat

Ending: □ Wall 8 (facing 9:00) dance the first 9 counts...The End □

[1 – 8] □ Chasse R, back rock R recover L, shuffle fw. L, step ¼ L □

1&2 Step R to side (1), step L next to R (&), step R to side (2) □ 12:00

3-4 Rock back L (3), recover R (4) □ 12:00

5&6 Step fw. L (5), step R next to L (&), step fw. L (6) □ 12:00

7-8 Step fw. R (7), make a ¼ turn L stepping down L (8) □ 09:00

[9 – 16] □ Cross R over L, scissor step L cross L over R, step R to side, back rock L recover R, kick ball L cross R over L □

1-2 Cross R over L (1), step L to side (2) □ 09:00

&3-4 Step R next to L (&), cross L over R (3), step R to side (4) □ 09:00

5-6 Rock back L (5), recover R (6) □ 09:00

7&8 Kick L fw. (7), step L next to R (&), cross R over L (8) □ 09:00

[17 – 24] □ Step L to side, touch R, step R to side, touch L, chasse ¼ L, step ¼ L □

1-2 Step L to L side (1), touch R next to L (2) □ 09:00

3-4 Step R to R side (3), touch L next to R (4) □ 09:00

5&6 Step L to side (5), step R next to L (&), make a ¼ turn L stepping fw. L (6) □ 06:00

7-8 Step fw. R (7), turn ¼ L stepping down L (8) □ 03:00

[25 – 32] □ Shuffle fw. R, shuffle ½ turn R, back rock R recover L, kick ball R cross L over R □

1&2 Step fw. R (1), step L next to R (&), step fw. R (2) □ 03:00

3&4 Turn ¼ R stepping L to side (3), step R next to L (&), turn ¼ R stepping back L (4) □ 09:00

5-6 Rock back R (5), recover L (6) □ 09:00

7&8 Kick R fw. (7), step R next to L (&), cross L over R (8) □ 09:00

Enjoy...:-)

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