

Over And Over

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: BM Leong (MY) - May 2014

Musik: Over and Over - The Dave Clark Five



Intro: 16 counts.

RIGHT & LEFT FORWARD TOE STRUTS, STEP, LOCK, STEP, SCUFF

- 1-2 Touch right toes forward, step right heel down
- 3-4 Touch left toes forward, step left heel down
- 5-6 Step R forward, lock L behind R
- 7-8 Step R forward, scuff L forward

FORWARD MAMBO, HOLD, MONTEREY 1/4 TURN RIGHT

- 1-2 Rock L forward, recover onto R
- 3-4 Step L back, hold
- 5-6 Point R to right side, turning 1/4 right step R together
- 7-8 Point L to left side, step L together

TWIST RIGHT, FLICK, TWIST LEFT, FLICK

- 1-3 Twist to right side on heels, toes, heels
- 4 Flick L behind R
- 5-7 Twist to left side on heels, toes, heels
- 8 Flick R behind L

CROSS MAMBO, HOLD, CROSS MAMBO, HOLD

- 1-2 Cross R over L, recover onto L
- 3-4 Step R to right side, hold
- 5-6 Cross L over R, recover onto R
- 7-8 Step L to left side, hold

RESTART during walls 3 and 7 after 16 counts.

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