

Bar, Bar, Bar

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Meiske Pamaputera (INA) - May 2014

Musik: Bar Bar Bar - Crayon Pop



Intro: 32 counts - Sequence : 32, 32, 16, 32, 32, 16, 32, 16, 32, 8, 32, 32, 16

Restart ; on wall 3 and wall 7 begins facing (06;00)- dance the first 16 counts of the dance and Restart (09;00)

Tags:

after wall 5 – 16 counts (03:00)

after wall 8 - 8 count- (03;00)

after wall 10- 16 counts (09;00) then end ¼ turn right facing 12:00

TOUCH HOLD, TOUCH HOLD, R JAZZ BOX. (1-8)

STEP FWD HOLD, STEP FWD HOLD, 4 STEPS BACK. (9-16)

1-8 Touch fwd diagonal Right, hold, touch diagonal back left, hold, Cross Right over Left, Left step back, Right step to Right, close Left next to Right

9-16 Step fwd on right, hold, step fwd on Left shoulder distance, hold. Step back on right, left, right, left.

(1-8) STEP RIGHT, STEP LEFT, SHAKE HIPS , HOLD

1-4 Step right to right side, hold, step left to left side (shoulder distance), hold

5-8 Shake hip right, left, right and hold

(1-8) ¼ TURN LEFT STEP LOCK LEFT, BRUSH, MAMBO RIGHT, ½ TURN LEFT.

1-4 ¼ Turn Left step Left forward, cross right behind left, step left forward, brush right.(09:00)

5-8 Step right, recover on left, step back right, ½ turn left step left forward (03;00)

(1-8)VINE RIGHT BRUSH, VINE LEFT BRUSH

1-4 Step right to R, cross left behind R, step right to R, brush left

5-8 Step left to left, cross right behind left, step left to left, brush right.

(1-8) TOUCH DIAGONAL LEFT FWD & BACK, JAZZ BOX RIGHT

1-4 Touch right diagonal left fwd, hold, touch right diagonal back, hold

5-8 Cross Right over left, step back left, step right to R, step left fwd

Contact: www.sagitadance.com & www.meiske.net.