Count: 32 Wand: 4 Ebene: Intermediate
Choreograf/in: Jamie Marshall (USA) \& Ben Heggy (USA) - April 2014
Musik: Alive - Avalon : (Album: Reborn)


Start: On lyrics, after 16 counts, approx. 12 sec.
S1 (1-8) Forward, Step; ½ Pivot; $1 / 2$ Turn; $1 / 4$ Turn; Side; Behind; Side; Point; Sway; 1 (1) Step R forward (1);
$2 \& 3 \quad$ (2) Step L forward; (\&) Turn $1 / 2 R$, weight to R; (3) Turn $1 / 2 R$ and step L back; (12:00)
4 (4) Turn $1 / 4$ right and sway $R$ as you step $R$ to the side; (3:00)
$5 \quad$ (5) Sway $L$ as you step $L$ to the side;
6\&7 (6) Step $R$ behind $L$; (\&) Turn $1 / 4$ turn $L$ and step $L$ to the side; (7) Point $R$ to $R$;
$8 \quad$ (8) Sway to the $R$ stepping down on $R$ and pointing $L$ to $L$; (12:00)
Styling: $\square 4-5$ Flow arms as you sway
7-8 Angle upper body toward diagonals and look toward pointed foot. Roll on balls of feet as you transition from pointing to weight bearing and vice versa.

S2 (9-16) Behind; Quarter; Close; Behind; Unwind; Side rock; Cross rock; Ball; Cross; Side;

| $1 \& 2$ | (1) Cross $L$ behind $R$; (\&) Turn $1 / 4 R$, stepping $R$ forward; (2) Step $L$ next to $R(2)(3: 00)$ |
| :--- | :--- |
| 3,4 | (3) Hook $R$ behind $L ;(4)$ Unwind $3 / 4 R$, weight ending on $R(12: 00)$ |
| $5 \& 6 \&$ | (5) Side rock $L$ to $L$; (\&) Recover onto $R$; Cross rock $L$ over $R$; (6) Recover on to $R(\&)$ |
| $7 \& 8$ | (7) Step ball of $L$ next to $R ;(\&)$ Cross $R$ over $L$; (8) Step $L$ to $L$; |

S3 (17-24) Side; Cross (Diagonal); Coaster; Half; Half; Fwd; Cross; Out (Squaring up); Out; Ball; Forward;
\&1 (\&) Step $R$ to $R$; (1) Turn $1 / 8 L$, as you cross $L$ over R; (10:30)
2\&3
(2) Step R back; (\&) Close L; (3) Step R forward;

4-5 (4) Turn $1 / 2 R$ and step L back; (5) Turn $1 / 2 R$ and step $R$ forward; (10:30)
6\&7 (6) Cross L over R; (\&) Turn $1 / 8 L$ and step $R$ out and back (squaring up to 9:00) ; (7) Step $L$ to L;
\&8 (\&) Step $R$ home on the ball of the foot; (8) Step $L$ forward;
S4 (25-32) Ball; Back; Sweep; Back; Sweep; ½ Sailor left; 1 ² Volta left;
\&1-2 (\&) Small step R forward on ball of foot; (1) Step L back; (2) Sweep R back;
3,4
(3) Step R back; (4) Sweep L;

5\&6 (5) Cross L behind $R$; (\&) Turn $1 / 4 L$, stepping $R$ back; (6) Turn $1 / 4 L$, crossing L over R (3:00);
\&7\&8
(\&) Turn $1 / 4 L$, stepping $R$ to $R$; (12:00) (7) Cross L over $R$; (\&) Turn $1 / 4 L$, stepping $R$ to $R$; (8) Cross L over R (9:00)
Styling: Try not to make this regimented, make it a flowing circle as if dancing around a handbag on your left.

## Repeat

Restart - Wall 3: Dance through count 16 and Restart, you will be facing 6:00 when the Restart occurs.
Ending: You will dance through count 8, which will take you to the back wall then dance:
1-2 Touch the left behind right; $1 / 2$ unwind, thrusting both arms up into the air and then take a bow
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