

# Don't Be Ashamed Of Your Age

**COPPER** **KNOB**  
BY STEPHENETS

Count: 32

Wand: 2

Ebene: Beginner / Low Intermediate

Choreograf/in: Claire Denney (CAN) - March 2014

Musik: Don't Be Ashamed of Your Age - Willie Nelson



Intro 16 counts, on lyrics

## Forward Shuffle, Side Rock, Recover, Forward Shuffle, Side Rock, Recover

- 1 & 2 Shuffle forward = R L R  
3 - 4 Side left rock, □ Recover right  
5 & 6 Shuffle forward = L R L  
7 - 8 Side right rock, □ Recover left

## Back Sailor, Back Sailor, Back Rocking Chair

- 1 & 2 Right sailor step moving slightly back (or shuffle back)  
3 & 4 Left sailor step moving slightly back (or shuffle back)  
5 - 8 Right rock back, □ Left recover, Right rock fwd, L. recover

## 1/4 Right, Touch, Step, Touch, 1/4 Right, Touch, Step, Touch

- 1 - 2 Step 1/4 right, □ Touch left beside right & clap on touch  
3 - 4 Step left, □ □ Touch right beside left & clap on touch  
5 - 6 Step 1/4 right, □ Touch left beside right & clap on touch  
7 - 8 Step left, □ □ Touch right beside left & clap on touch

## Forward Mambo, Back Mambo, Side Mambo, Side Mambo

- 1 & 2 Right rock forward, □ Recover back on to left, □ Right step beside left  
3 & 4 Left rock back, □ Recover fwd on to right, □ Left step beside right  
5 & 6 Right rock right, □ Recover on to left, □ □ Right step beside left  
7 & 8 Left rock left, □ □ Recover on to right, □ □ Left step beside right

## \*\*\*BONUS STEPS \*\*\*

### Such easy steps at 12:00 wall "each time" & will finish front wall after claps

- 1 - 4 V step = R. step 1:00, L. step 11:00, R. step home, L. step home  
5 & 6 Clap, □ □ Clap, □ □ Clap  
7 & 8 Clap, □ □ Clap, □ □ Clap

(Good job - give yourselves a hand)

**E N J O Y**

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