

# Best Day of My Life

Count: 48

Wand: 4

Ebene: Improver

Choreograf/in: Jonathan Williamson (UK) - March 2014

Musik: Best Day of My Life - American Authors : (Album: Oh, What A Life)



**Start dance count 16 beats from beginning of track (9 seconds)**

## **SIDE SHUFFLE, CROSS SHUFFLE, SIDE SHUFFLE, ROCK RECOVER**

- 1&2 Step right to right side, step left besides right, step right to right side  
3&4 Cross left over right, step right to right side, cross left over right  
5&6 Step right to right side, step left besides right, step right to right side  
7-8 Rock back on left, recover weight on right

## **¼ TURN, ½ TURN, ½ SHUFFLE, ROCKING CHAIR FORWARD AND BACK**

- 1-2 ¼ turn left stepping forward left, ½ turn left stepping back right  
3&4 ½ turn left stepping forward left, step right besides left, step forward left  
5-6 Rock forward right recover weight back on left  
7-8 Rock back right, recover weight forward on left

## **CROSS ROCK, RECOVER, CHASSE X2**

- 1-2 Cross right over left, recover weight back on left  
3&4 Step right to right side, step left besides right, step right to right side  
5-6 Cross left over right, recover weight back on right  
7&8 Step left to left side, step right besides left, step left to left side

## **SYNCAPATED WEAVE, ROCK, RECOVER, BEHIND, SIDE CROSS**

- 1-2 Cross right over left, step left to left side  
3&4 Step right behind left, step left to left side, cross right over left  
5-6 Rock left to left side, recover weight back on right  
7&8 Step left behind right, step right to right side, cross left over right

## **ROCK, RECOVER, SHUFFLE HALF, FULL TURN IN 2, FORWARD SHUFFLE**

- 1-2 Rock forward right, recover weight back on left  
3&4 ½ turn right stepping forward right, step left besides right, step forward right  
5-6 ½ turn right stepping back left, ½ turn right stepping forward right  
7&8 Step forward left, step right besides left, step forward left

## **ROCK AND CROSS X2, SWAY X4**

- 1&2 Rock right to right side, recover weight on left, cross right over left  
3&4 Rock left to left side, recover weight back on right, cross left over right  
5-6 Step right to right side swaying hips right, sway hips left  
7-8 Sway hips right, sway hips left

**Restarts: After 46 count of wall 3 restart the dance.**

**Ending: Wall 7 you only dance the first 16 steps.**

**Change step 15 to be a ½ turn stepping forward right, hold 1 beat step 16 to finish.**

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**Last Update - 20th March 2014**