Just One More

Ebene: Intermediate

Choreograf/in: Gai Roworth (AUS) - March 2014

Musik: Aw Naw - Chris Young : (CD: A.M. - iTunes - 3:09)

Moving CCW (No Tags/Restarts) Start on lyrics, 16 beats in, weight on left 1/4 Pivot, Weave, Rock, Recover, Coaster Step Step forward on R, Pivot ¼ L, Cross R over L, Step L to side, Step R behind L, Step L to 1-2-3&4& side. 5-6-7&8 Rock forward on R, Recover to L, Step back on R, Step L beside R, Step forward on L (9:00) Rock, Recover, ¹/₂ Turn, Shuffle Forward, Side Touch, Together, Side Touch, Together, ¹/₄ Turn, Hook Rock forward on L, Recover to R, Turn ½ over L shoulder, Shuffle forward on L stepping LRL 1-2-3&4 5&6&7-8 Touch R to side, Step R beside L, Touch L to side, Step L beside R, Touch R to side, Turn 1/4 R, Hook R foot in front of L shin (6:00) Walk Forward, Step Lock Step, Full Turn, Mambo Forward Walk forward stepping R L, Step forward on R, Lock L behind R, Step forward on R 1-2-3&4 5-6-7&8& Make a full turn forward over R shoulder stepping L R, Rock forward on L, Recover to R, Step back on L Toe Strut Back, Together, Toe Strut Back, Together, Rock Back, Side Rock Touch R toe back, Drop heel to floor, Step L beside R, Touch R toe back, Drop heel to floor, 1-2&34& Step L beside R 5-6-7-8 Rock back on R, Recover to L, Rock R to side, Recover to L. Knee Dip, Heel, Knee Dip, Heel, Side Rock, Cross Shuffle 1-2-3-4 Step R to side and bend both knees. As you straighten up, Touch L heel at 45 degrees. Step L to side, and bend both knees. As you straighten, Touch R heel at 45 degrees 5-6-7&8 Rock R to side, Recover to L, Cross shuffle R over L stepping RLR Side Rock, ¼ Turn, Step. Full Turn, Rock, Replace, Coaster Step, Step Together 1-2-3&4 Rock L to side, Turn ¼ R, Step slightly forward on R, Make full turn over R shoulder moving forward stepping LRL

5-6-7&8& Rock forward on R, Recover to L, Step back on R, Step L beside R, Step forward R, Step L beside R

[48] Begin Dance again

Ending: You will be facing 9:00. Dance to count 14&, Turn ¼ R, Step forward on R, Step L beside R

Contact: gairoworth:bigpond.com





Wand: 4

Count: 48