

# Get Down

**Count:** 32

**Wand:** 4

**Ebene:** Beginner

**Choreograf/in:** Rob McKean (CAN) - March 2014

**Musik:** Get Down by Michelle Pagliaro



## Two ¼ Monterey Turns

- 1-4 Touch R to right side, 1/4 pivot right on L and step on R, touch L to left side, step together on L
- 5-8 Touch R to right side, 1/4 pivot right on L and step on R, touch L to left side, step together on L

## Strut Forward Twice, Kick Ball Change Twice

- 9-12 Touch R toe forward, step down on R heel, touch L toe forward, step down on L heel
- 13&14 Kick R foot forward, step on ball of R, step down on L
- 15&16 Kick R foot forward, step on ball of R, step down on L

## Right Train, ½ Pivot, ¼ Pivot

- 17-20 Rock forward on R, recover on L, rock back on R, recover on L
- 21-22 Step forward on R, pivot ½ turn left onto L
- 23-24 Step forward on R, pivot 1/4 turn left onto L

## Weave Left, Vine Right and Cross

- 25-28 Cross R over L, step side L, cross R behind L, step side L
- 29-32 Step side R, cross L behind R, step side R, cross L over R

**Contact:** [robmckean@rogers.com](mailto:robmckean@rogers.com)

---