

Giddy On Up

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Arne Stakkestad (BEL) - February 2014

Musik: Giddy On Up (My Old Friend) - Ricky Travers : (CD: That's Me)



Info: start after 8 counts intro

[1-8] Step Out, Out, Centre, Centre, Step Forw R, Bumps, Step Forw L, Bumps

- 1-2 RF step diagonally right forward, LF step diagonally left forward
- 3-4 RF return to centre, LF return to centre
- 5&6 RF step forward, bump hips right, left right
- 7&8 LF step forward, bump hips left, right, left

[9-16] Diagonal Kicks L, R, Sailorstep ½ R, Diagonal Kicks R, L, Sailorstep ¼ L

- 1-2 RF kick diagonally left forward, RF kick diagonally right forward
- 3&4 RF cross behind LF, LF ¼ right step beside, RF ¼ right step forward
- 5-6 LF kick diagonally right forward, LF kick diagonally left forward
- 7&8 LF cross behind LF, RF ¼ right step beside, LF step forward

[17-24] Shuffle R Forw, ½ R, Walk Backw, Coasterstep, Walk Forw

- 1&2 RF step forward, LF step beside RF, RF step forward
- 3-4 ½ right LF step backward, RF step backward
- 5&6 LF step backward, RF step beside LF, LF step forward
- 7-8 RF step forward, LF step forward

[25-32] Mambo step R Forw, Mambo step L Backw, P-Bump R (Step, Dip, Touch), P-Bump L (Step, Dip, Touch)

- 1&2 RF rock forward, return weight on LF, RF step beside LF
- 3&4 LF rock backward, return weight on RF, LF step beside RF
- 5-6 RF step right side (bow knees a bit), LF touch left side (raise)
- 7-8 LF step left side (bow knees a bit), RF touch right side (raise)

Ending: dance to count 22 (coaster step), then ¼ left, RF stomp right side

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