

# Into My Heart

**COPPER** **NOB**  
BY STEPHEN METZ

Count: 24

Wand: 4

Ebene: Beginner

Choreograf/in: Greg Wynn (UK) - February 2014

Musik: Knee Deep In My Heart - Shane Filan



**Intro: 8 counts – start on vocals**

## **ROCK FORWARD RIGHT, SHUFFLE BACK, ROCK BACK LEFT, SHUFFLE FORWARD**

- 1-2 Rock forward on the right, replace weight back on the left,
- 3&4 Shuffle back - right, left, right,
- 5-6 Rock back on the left, replace weight back on the right,
- 7&8 Shuffle forward - left, right left,

## **¼ TURNING JAZZ BOX, POINT LEFT, BEHIND SIDE CROSS, POINT RIGHT**

- 1-2 Cross right over left, step back left with ¼ turn to the right, (3.00)
- 3-4 Step to the right, point left to the left side,
- 5-6 Step left behind right, step right to the right,
- 7-8 Cross left in front of right, point right to the right side,

## **ROCK FORWARD RIGHT, RIGHT COASTER STEP, ROCK FORWARD LEFT, SHUFFLE ½ TURN LEFT**

- 1-2 Rock forward right, replace weight back on left,
- 3&4 Step back right, step left next to right, step forward on right,
- 5-6 Rock forward left, replace weight back on right,
- 7&8 Shuffle ½ turn left - left, right, left. (9:00)

**REPEAT**

Also useful as a floor split with "In My Heart" (choreographed by Maggie Gallagher)

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