

Mountain Dew

Count: 48

Wand: 2

Ebene: Upper Beginner / Easy
Intermediate



Choreograf/in: Kenny O'Shaugh (AUS) - February 2014

Musik: Mountain Dew - Waldorf String Band

Start: After vocal ' Hi - the ' (be quick) with

INTRO: Dance count 33 to 48 (Section 5 & 6)

Section 1: Shuffle diagonally forward x 2, step back x 4

- 1 & 2 Step R diagonally forward, step L next to R, step forward R [Sway attitude to match]
- 3 & 4 Step L diagonally forward, step R next to L, step forward L [Sway attitude to match]
- 7, 8 Step back in straight line, R then L together & stomp (for timing) [Thumbing attitude to match]

Section 2: Vine right, vine left 1/4 turn, 1/4 paddle x 2

- 9 & 10 Vine right, R, L, R [Clap hands]
- 11 & 12 Vine left, L, R, L with 1/4 turn left 9 on clock [Clap hands]
- 13, 14 Step fwd R, turning 1/4 left taking weight to L [Jauntily]
- 15, 16 Step fwd R, turning 1/4 left taking weight to L 3 on clock [Jauntily]

Section 3: Step diagonally forward x 2, step back x 4

- 17 & 18 Step right diagonally forward, R, L, R [Sway attitude to match]
- 19 & 20 Step left diagonally forward, L, R, L [Sway attitude to match]
- 21, 22 Step back in straight line, R then L (saunter style) [Thumbing attitude to match]
- 23, 24 Step back in straight line, R then L together & stomp (for timing) [Thumbing attitude to match]

Section 4: Vine right, vine left 1/4 turn, 1/4 paddle x 2

- 25 & 26 Vine right, R, L, R
- 27 & 28 Vine left, L, R, L with 1/4 turn left 12 on clock
- 29, 30 Step fwd R, turning 1/4 left taking weight to L [Jauntily]
- 31, 32 Step fwd R, turning 1/4 left taking weight to L 6 on clock * [Jauntily]

Section 5: Side rock behind side cross to right then left

- 33, 34 Rock onto R then back onto L [Clap hands]
- 35 & 36 R behind L, L to side, R across L
- 37, 38 Rock onto L then back onto R [Clap hands]
- 39 & 40 L behind R, R to side, L across R

Section 6: 1/4 paddle x 2, 1/2 turn triple step, shuffle forward

- 41, 42 Step fwd R, turning 1/4 left taking weight to L [Jauntily]
- 43, 44 Step fwd R, turning 1/4 left taking weight to L 12 on clock [Jauntily]
- 45 & 46 Triple in place turning 1/2 right, stepping R, L, R 6 on clock
- 47 & 48 Step L forward, step R next to L, step L forward

REPEAT

RESTART: (After instrumental) On wall 4 after count 32

ENDING : You will be facing the back ~ replace counts 45 to 48 with 2 x forward shuffles

Remember this is Irish Jig music, so be on your toes !
And, of course, sing along to the chorus

