Rub It In



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Kathy Heller (USA) - July 2010

Musik: Rub It In - Jeff Bates : (CD: Leave The Light On)



Start on the word "Sand"

Alternate Music:-

Let It Roll, Let It Ride by The Notorious Cherry Bombs (130 bpm; CD: Notorious Cherry Bombs) Smilin' Song by Vince Gill (118 bpm; CD: These Days – disk #1)

[1-8] WALK FORWARD, KICK, WALK BACKWARD, TOUCH

1-4 Walk forward RLR, kick left forward

5-8 Walk backward LRL, touch right next to left

[9-16] VINE RIGHT, VINE LEFT

Step right to side right, left behind right, right to side right, scuff left
Step left to side left, right behind left, left to side left, scuff right

[17-24] STEP, SCUFF 4X

Step forward on right, scuff left, step forward on left, scuff right

Step forward on right, scuff left, step forward on left, scuff right

[25-32] QUARTER TURN, BUMPS, QUARTER TURN, BUMPS

1-2 Making ¼ turn left, step right to side right & bump to right 2X

3-4 Switch weight to left, and bump to the left 2X

5-6 Making ¼ turn left, step right to side right & bump to right 2X

7-8 Switch weight to left, and bump to the left 2X

NOTE: For a little more fun, this can also be done contra style, walking through the lines on steps 17-24.

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