Slow Down the Song

Ebene: Phrased Intermediate

Count: 40 Choreograf/in: Lynn Card (USA) - February 2014 Musik: Slow Down - Selena Gomez

Phrasing: A, A, B, A,A,A,B,A, B,B,A,A,A

Hints: -

First B starts at 6 o'clock and ends facing 12 o'clock

Second B starts facing 9 o'clock and ends facing 3 o'clock

Third B starts at 6 o'clock and ends facing 6 o'clock

On last A for styling and to finish facing front, after the last 4 counts and chase turn, make a ¼ turn counter clockwise to face the front and take a big step to the R dragging the L

Part A 32 counts (this is fast and light footwork using the balls of your feet)

Kick and Toe Weight Changes and Kick Ball Side Touch

- 1&2&3&4 Kick R across L at diagonal, step crossing R over L, tap L toe behind R, recover on L, kick R across L at diagonal, recover on R, kick L across R at diagonal
- Step crossing L over R, tap R toe behind L, recover on R, kick L to front, Recover on R ball at &5&6&7&8 center, kick R forward, recover on R, touch L to left side

Kick Ball Side Touch, Cross Rock R behind L, Touch Right Side, ¼ Turning Jazz Box Cross L over R, Hold

- 1&2,3&4 Kick L forward, recover on L, touch R to right side, cross rock R behind L, recover on L, touch R to right side
- Cross R over L, step L back, step R to right side(1/4 turn clockwise), cross L over right, and 5,6,&,7,8 hold.

Cross Touches, L Sailor, R Turning Sailor 1/4 Clockwise

- &1,2,3,4 With L still crossed over right step on R, cross L over right, touch R to right side, cross R over left, touch L to left side
- Cross L behind right, step R to right side, step L to left side, making a 1/4 turn clockwise(6 5&6,7&8 o'clock) cross R behind L, step L to left side, step R to right side

Weave to the Right, Step Right, Pivot Left, Recover Right, Chase Left

- 1&2&3&4 Cross L behind R, step R to right side, cross L in front of right, step R to right side, cross L behind right, step R to right side, cross L in front of right
- Making a ¼ turn clockwise step R to right side (9 o'clock), step L forward and pivot ½ turn on 5,6,7,8 L clockwise (3 o'clock), recover R forward, step L forward

Part B

8 Counts (Night Club Basics with Hip Sways)

- 1,2&3,4& Step R to right side, rock L behind R, recover on R, step L to left side, rock R behind L, recover on L
- Make a ¼ turn counterclockwise and take step to R, rock L behind R, recover on R, step L to 5,6&7,8& left side, and sway hips R then L with slight weight changes rocking slightly R to L as you sway hips, recover weight to L

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