Bitter & Sweet

Count: 48	Wand: 2	Ebene: Easy Novice

Choreograf/in: Sebastiaan Holtland (NL) - December 2013

Musik: Blue Bittersweet - Ilse DeLange

Start dancing at (05 sec).

[1-8] Step, 1/4 R, Side, Coaster Step R, Big step Fwd, 1/2 Sweep Turn L, Lock Step Fwd.

1-2	Step Rt Fwd, turn 1/4 right (3) step Lt to the left.
3&4	Step Rt back, step Lt next to Rt, step Rt Fwd.
5-6	Step Lt big Fwd, turn 1/2 left (9) sweep Rt from font to front.
7&8	Step Rt Fwd, lock Lt behind Rt, step Rt Fwd.

[9-16] Side Rock, Recover, Sailor Turn 1/4 R, Fwd Point, Knee Lift, R Anchor Step.

1-2	Rock Lt to the left, Recover on Rt.
3&4	Step Lt behind Rt, turn 1/4 right (12) step Rt to the right, step Lt Fwd.
5-6	Point Rt Fwd, lift R Knee up.
7&8	Locked Rt behind Lf take weight on Rt, Recover on Lt, Recover on Rt.

[17-24] Back, Sweep R, Back, Sweep L, L Anchor Step, Walks Fwd R-L.

1-2	Step Lt back, Sweep Rt from front to back.
3-4	Step Rt back, Sweep Lt from front to back.
5&6	Locked Lt behind Rf take weight on Lt, Recover on Rt, Recover on Lt.
7-8	Walk Rt Fwd, walk Lt fwd. (12:00)

[25-32] Fwd Rock, Recover, 1/4 R, & Cross, Hold, & Heel, Hold, & Heel, Hold.

1-2	Rock Rt Fwd, Recover on Lt.
&3-4	Turn 1/4 right (3) step Rt slightly to the right, cross Lt over Rt, Hold.
&5-6	Step Rt slightly diagonal back, bring L heel fwd, Hold (holding weight onto Rt).
&7-8	Step Lt slightly diagonal back, bring R heel fwd, Hold (holding weight onto Lt).

[33-40] Step, 1/4 R, Side, Coaster Step R, Step, Point, Cross, Point.

1-2	Step Rt Fwd, turn 1/4 right (6) step Lt to the left.
3&4	Step Rt back, step Lt next to Rt, step Rt Fwd
5-6	Step Lt Fwd, point Rt out to the right.
7-8	Cross Rt over Lt, point Lt out to the left.

[41-48] Fwd Rock, Recover, 1/2 Shuffle Turn L, 1/2 Pivot Left, Walks Fwd R-L.

1-2	Rock Lt fwd, Recover on Rt.
3&4	Turn 1/2 left (12) step Lt fwd, step Rt beside Lt, step Lf fwd.
5-6	Step Rt Fwd, turn 1/2 left (6) take weight on Lt.
7-8	Walk Rt Fwd, walk Lt Fwd.

Start again and have fun!

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