# Mama Take Me Home

Ebene: Improver

Choreograf/in: Siara Vigante (LAT) - November 2013 Musik: Mama Take Me Home - Rednex

# STEP, SIDE ROCK, ACROSS, BACK LOCK STEP, ¼ TURN LEFT STEP, ¼ TURN STEP, TOUCH BEHIND

1-2&3 Step R forward, step L to L, step R in place, step L across R

Wand: 4

- 4&5 Step R back, step L lock across R, step R back
- 6-7-8 ¼ turn L and step L forward, ¼ turn L and step R to R, point L behind R

# On count 8 you can click both your fingers to right side

# SIDE TOE STRUT, ACROSS TOE STRUT, $\ensuremath{^{14}}$ TURN and L Shuffle Forward, Step, $\ensuremath{^{12}}$ TURN

1-2-3-4 Touch L toe to L, step heel down, touch R toe across L, step heel down

#### Here you can shimmy your shoulders

**Count: 32** 

- 5&6 ¼ turn L and step L forward, step R beside L, step L forward
- 7-8 Step R forward, <sup>1</sup>/<sub>2</sub> turn L and step R in place

# CHARLESTON STEP, SHUFFLE, STEP, ½ TURN AND STEP TOGETHER

- 1-2-3-4 Touch R forward, step R back, touch L back, step L forward
- 5&6 Step R forward, step L beside R, step R forward
- 7-8 Step L forward, <sup>1</sup>/<sub>2</sub> turn R on Left and step R beside L (here feet are on V position)

# TRAVELING APPLEJACKS RIGHT, TRAVELING APPLEJACKS LEFT

- 1 With weight on L heel and ball of R foot, swivel L toe to R and R heel to R
- & With weight on R heel and ball of L foot, swivel R toe to R and L heel to R
- 2 With weight on L heel and ball of R foot, swivel L toe to R and R heel to R
- & Hold and Clap hands
- 3 With weight on L heel and ball of R foot, swivel L toe to L and R heel to L
- & With weight on L ball and heel of R foot, swivel L heel to L and R toe to L
- 4 With weight on L heel and ball of R foot, swivel L toe to L and R heel to L
- & Hold and Clap hands
- 5-6-7-8 Step R forward, ¼ turn L and step L in place, step R forward, ¼ turn L and step L in place

#### REPEAT

# TAG: After wall 7

# JAZZ TRIANGLE IN PLACE

1-2-3-4 Step R across L, step L back, step R to R, step L beside R

#### Contact: Submitted By - Ozgur TAKAÇ: salondanslari@yahoo.com

Last Revision - 29th Nov 2013

