

Cowboiafaus

Count: 56

Wand: 4

Ebene: Intermediate

Choreograf/in: Mattia Collaro (IT) - September 2013

Musik: If I Could - Sunny Sweeney : (iTunes)



Start dancing on lyrics

RIGHT FORWARD SHUFFLE, ROCK STEP, LEFT BACKWARD SHUFFLE, ROCK STEP

- 1&2 Shuffle forward right-left-right
- 3-4 Rock left forward, recover to right
- 5&6 Shuffle back left-right-left
- 7-8 Rock right back, recover to left

BUMP HIPS RIGHT AND LEFT TWICE, ROCK STEP, PIVOT TURN $\frac{3}{4}$ LEFT

- 1-2 Hip right, hip left
- 3-4 hip right, hip left (weight to left)
- 5-6 Rock right back, recover to left
- 7-8 Step right forward, turn $\frac{3}{4}$ left (weight to left)

GRAPEVINE RIGHT, SCUFF, FULL TURN TO LEFT, SCUFF

- 1-2 Step right side, cross left behind
- 3-4 Step right side, brush left forward
- 5-6 Turn $\frac{1}{4}$ left and step left forward, turn $\frac{1}{2}$ left and step right back
- 7-8 Turn $\frac{1}{4}$ left and step left side, brush right forward

FOUR STEP BACK, RIGHT KICK FORWARD, RIGHT STOMP UP, RIGHT KICK BACK, RIGHT SCUFF FORWARD

- 1-2 Step right back, step left back
- 3-4 Step right back, step left back
- 5-6 Kick right forward, stomp right together (or brush right forward)
- 7-8 Kick right back, stomp right together (or brush right forward)

SWIVET RIGHT & LEFT, SWIVEL TO RIGHT & LEFT

- 1-2 Swivel right toe to right and left heel to left, center
- 3-4 Swivel left toe to left and right heel to right, center
- 5-6 Swivel right heel and left toe to right, swivel right heel and left toe to center
- 7-8 Swivel left heel and right toe to the left, swivel left heel and right toe to center (weight to left)

ROCK BACK, HEEL HEEL, STEP TOGETHER, JUMP, JUMP TURN $\frac{1}{4}$ LEFT

- 1-2 Jumping rock right back, recover to left forward
- 3-4 Step right heel forward, step left heel together
- 5-6 Step right back, step left together
- 7-8 Jump on left foot, jump on left foot turn $\frac{1}{4}$ left

RIGHT HEEL GRIND, RIGHT COASTER STEP, TURN $\frac{1}{4}$ LEFT HEEL GRIND, LEFT COASTER STEP

- 1-2 Step right heel forward, step left slightly side
- 3&4 Step right back, step left together, step right forward
- 5-6 Step left heel forward, step right slightly side
- 7&8 Turn $\frac{1}{4}$ left and step left back, step right together, step left forward

Contact: mattyjones@libero.it

