

Chinese Style (Chinese)

Count: 104

Wand: 2

Ebene: Phrased Intermediate -Yangko style



Choreograf/in: Ping Tang - January 2013

Musik: Zhong Guo Fan Er (Chinese) by Jiu Yue Qi Ji

Dance Sequence: AT*(5-8)B A A T B1(1-32,65-72) A A B2 (33-56)

Intro :16 counts. Begin on main vocals.

Part A: 32 counts

Sec 1 : Yangko step (*2)

- 1 cross left over right ,right hand up shaking the wrist, the left hand down and palm down
- 2 cross right over left, left hand up shaking the wrist, the right down and palm down
- 3 left foot step back,
- 4 step right beside left , hands swing;
- 5-8 Repeat 1-4

Sec 2: Running Man, step, hold, step, hold

- 1,2,3,4 Step left foot on the place. Scoot back on left foot whilst lifting right knee up (on &). Step right foot forward. Scoot back on right foot whilst lifting left knee up (on &). Step left foot forward. Scoot back on left foot whilst lifting right knee up (on &). Step right foot forward. swinging both hands around his chest;
- 5 step left to left, upper body turn 1/4 left , hands open on both sides;
- 6 hold;
- 7,8 the mirror of 5,6

Sec 3: Yangko step, jump, fall,

- 1 cross left over right , arms swing
- 2 cross right over left, arms swing
- 3 left foot step back, arms swing
- 4 step right beside left , arms swing;
- 5 Jump feet apart, crossing left over right, flick right foot , hands open up swing to left;
- 6, right foot land, lift left up, hands open up swing to right ;
- 7,8 repeat 5,6

Sec 4: step, 1/2 turn, step, 1/2 turn

- 1,2 rock step left to left side,
- 3,4 rock step right to right side, turning 1/2 left.
- 5,6 ,7,8 Repeat 1,2 ,3,4

Part B: 72 counts

Sec 1: cross, lock, cross, lock

- 1, step/cross left over right
- 2, lock right behind left
- 3, step/cross right over left
- 4, lock left behind right
- 5-8 Repeat 1-4

Sec 2: side, point, side, point, side, point, side, point

- 1 step left to left side
- 2 touch right toe cross left, left knee slightly bent,
- 3 step right to right side

- 4 touch left toe cross right, right knee slightly bent
 5-8 Repeat 1-4

Sec 3: side, beside, side, beside, Rolling vine

- 1 Step left to left side, upper body turn 1/4 right, left arm up to right
 2 step right beside left, upper body turn 1/2 left, bent knees, right fist hit in the left palm on the chest
 3,4 the Mirror Set (opposite) from 1,2
 5-7 Rolling full turn left: step left 1/4 turn left. On ball of left make 1/2 turn left stepping back right. On ball of right make 1/4 turn left stepping left to left side
 8 upper body turn 1/2 left, step right beside left, bent knees, right fist hit in the left palm on the chest

Sec 4: the Mirror Set (opposite) from section 3

Sec 5: pull, lock, back turning 1/2, lock, Yangko step

- 1, 2 pull left back, lock right before left, upper body turn 1/4 right
 3, 4 step right back turning 1/2 left, lock left before right
 5 cross left over right, arms swing
 6 cross right over left, arms swing
 7 left foot step back, arms swing
 8 step right beside left, arms swing

Sec 6: pull, lock, back turning 1/2, lock, Yangko step

- 1-4 repeat Sec 5: 1-4
 5 cross left over right, hands open up and arms swing
 6 cross right over left, hands open up and arms swing
 7 left foot step back, hands open up and arms swing
 8 step right beside left, hands open up and arms swing

Sec 7: cross, point, cross, point, cross, point, cross, point

- 1 cross left over right
 2 point right toe to right side
 3 ,4 the Mirror Set (opposite) from 1,2.
 5-8 repeat 1-4

Sec 8: Yangko step, Yangko step, turning 1/2 left

- 1 cross left over right, both arms swing
 2 cross right over left, arms swing
 3 left foot step back, arms swing
 4 step right beside left, both arms swing
 5 cross left over right, turning 1/4 left, both arms swing
 6 cross right over left, turning 1/4 left, arms swing (6:00)
 7, 8 left foot step back, step right beside left, arms swing

Sec 9: side, hands open up

- 1 step right to right side
 2-8 hands open up slowly.

Tag: 8 counts

Forward, forward, turn 1/4, turn 1/4, Yangko step

- 1,2 step left forward, hold
 3,4 step right forward, turn 1/4 left, hold
 5 cross left over right, turn 1/4 left, hands open to sides and arms swing
 6 cross right over left, hands open to sides and arms swing

- 7 left foot step back, hands open to sides and arms swing
8 step right beside left , hands open to sides and arms swing

Note:

- 1 T*:only dance 5-8 counts of tag.
2 B1 : only dance 1-32 and 65-72 counts of part B.
3 B2 :only dance 33-56 counts of part B.

Please refer to the video:

Contact: 286130719@qq.com - <http://www.qq.com/>
