## Latin Heartbeat

Count: 64
Wand: 4
Ebene: Intermediate
Choreograf/in: Robert Lindsay (UK) - July 2013
Musik: Alma, Corazón y Vida (feat. Tamara) - Marcos Llunas : (Single)


## Alternative Track: Shine a Light (West Funk \& Steve Smart Remix) - McFly - No Tag with this track. Restart

 wall one.[1-8] Cross, Side, Behind Sweep, Behind, Side, Cross, Sweep Hitch.
1-2 Cross step right over left. Step left to left side.
3-4 Step right behind left. Sweep left out and around from front to back
5-6 Step left behind right. Step right to right side.
7-8 Cross step left over right. Sweep and hitch right out and around from back to front
[9-16] Right Rocking Chair, Step $1 / 2$ Pivot Turn, Step $1 / 2$ Pivot Turn, Sweep.
1-2 Rock forward on right. Recover weight onto left.
3-4 Rock back on right. Recover weight onto left.
5-6 Step forward onto right. Pivot $1 / 2$ turn left.
7-8 Turning $1 / 2$ turn left, step back on right, sweeping left from front to back.
[17-24] Behind, Side, Cross, Sweep, Cross, Side, Behind, Sweep $1 / 4$ Turn Left
1-2 Step left behind right. Step right to right side.
3-4 Cross step left over right. Sweep right out and around from back to front.
5-6 Cross right over left. Step left to left side.
7-8 Step right behind left. Turning $1 / 4$ turn left, sweep left around from front to back.
[25-32] Reverse Rocking Chair, Touch Back, $1 / 2$ Turn, Step $1 / 4$ Pivot Turn.
1-2 Rock back on left. Recover weight onto right.
3-4 Rock forward on left. Recover weight onto right.
5-6 Touch left back. Turn $1 / 2$ turn left, keeping the weight on the left foot.
7-8 Step forward on right. Pivot $1 / 4$ turn left.

## [33-40] Cross Rock, Chasse Right, Cross Rock Chasse Left.

1-2 Rock right across in front of left. Recover weight onto left.
$3 \& 4 \quad$ Step right to right side. Step left beside right. Step right to right side.
5-6 Rock left across in front of right. Recover weight onto right.
$7 \& 8 \quad$ Step left to left side. Step right beside left. Step left to left side.
[41-48] Cross, Side, Behind, $1 / 4$ Side, Step, Pivot $1 / 2$ Turn, $1 / 2$ Turn x 2.
1-2 Step right across in front of left. Step left to left side.
3-4 Step right behind left. Turning $1 / 4$ turn left, step forward onto left.
5-6 Step forward onto right. Pivot $1 / 2$ turn left.
7-8 Turning $1 / 2$ turn left, step back on right. Turning $1 / 2$ turn left, step forward on left.
[49-56] Rock, Recover, Coaster Step, Step, Touch, Kick Ball Cross.
1-2 Rock forward on right. Recover weight onto left.
3\&4 Step back on right. Step left beside right. Step forward on right.
5-6 Step forward on left. Touch right to left.
7\&8 Kick right forward. Step right down beside left. Step left across in front of right.
[57-64] Step Touch x2, Jazz Box.
1-2 Step right to right side. Touch left beside right.
3-4 Step left to left side. Touch right beside left.

## Restart here on WALL ONE when using the McFly track

5-6 Cross right over in front of left. Step back on left.
7-8 Step back and to the right on right. Step forward on left.
TAG At the end of wall 3 add the following 8 counts - when using Latin track only.
[1-8] Cross, Side, Behind, $1 / 4$ Side. Step, Pivot $1 / 2$ Turn, $1 / 4$ Turn, Cross
1-2 Step right across in front of left. Step left to left side.
3-4 Step right behind left. Turning $1 / 4$ turn left, step forward onto left.
5-6 Step forward onto right. Pivot $1 / 2$ turn left.
7-8 Turning $1 / 4$ turn left, step right to right side. Cross left over in front of right. Sweep right to start again.

