

# Fix a Heart

Count: 96

Wand: 2

Ebene: Intermediate waltz

Choreograf/in: Brenna Stith (USA) - May 2013

Musik: Fix a Heart - Demi Lovato



## #24 count intro

### FWD BASIC, BACK BASIC

1 2 3 Step L fwd (1), Step R beside L (2), Step L beside R (3) [12:00]  
4 5 6 Step R back (4), Step L beside R (5), Step R beside L (6) [12:00]

### FWD BASIC ½ TURN, COASTER CROSS

1 2 3 Step L fwd (1), Make a ½ turn L stepping R back (2), Step L beside R (3) [6:00]  
4 5 6 Step R back (4), Step L beside R (5), Cross R slightly over L (6) [6:30]

### SIDE, BEHIND, SIDE, CROSS ROCK RECOVER, ¼ TURN

1 2 3 Step L to side (1), Step R behind L (2), Step L to side (3) [6:00]  
4 5 6 Rock R over L (4), Recover weight onto L (5), Make a ¼ turn R stepping R fwd (6) [9:00]

### STEP, ¾ SPIRAL TURN, STEP, SWEEP

1 2 3 Step L fwd (1), Unwind a ¾ turn R for two counts (2,3) [6:00]  
4 5 6 Step R to side (4), Sweep L fwd for two counts (5,6) [6:00]

### TWINKLE, CROSS, ¼ TURN, ¼ TURN

1 2 3 Cross L over R (1), Step R to side (2), recover weight onto L (3) [6:00]  
4 5 6 Cross R over L (4), Make a ¼ turn R stepping L back (5), Make a ¼ turn R stepping R to side (6) [12:00]

### TWINKLE, CROSS, ¼ TURN, ¼ TURN

1 2 3 Cross L over R (1), Step R to side (2), recover weight onto L (3) [12:00]  
4 5 6 Cross R over L (4), Make a ¼ turn R stepping L back (5), Make a ¼ turn R stepping R to side (6) [6:00]

### ¼ TURN, PIVOT ½ TURN, WALK X3

1 2 3 Make a ¼ turn R stepping L fwd (1), Continue to make a ½ turn R by pivoting on L for two counts (2,3) [3:00]  
4 5 6 Walk fwd R, L, R (4,5,6) [3:00]

### STEP, ¾ TURN W/ SWEEP, BEHIND, SIDE ROCK RECOVER

1 2 3 Step L fwd (1), Unwind a ¾ turn R sweeping R back for two counts (2, 3) [12:00]  
4 5 6 Step R behind L (4), Rock L to side (5), Recover weight onto R (6) [12:00]

### DIAMOND

1 2 3 Cross L over R (1), Step R to side (2), Make a 1/8 turn L stepping L back (3) [10:30]  
4 5 6 Step R back (4), Step L to side (5), Step R fwd (6) [7:30]

### DIAMOND CONTINUED

1 2 3 Cross L over R (1), Step R to side (2), Make a 1/8 turn L stepping L back (3) [4:30]  
4 5 6 Step R back (4), Step L to side (5), Step R fwd (6) [3]

### STEP, SLOW KICK, CROSS, BACK, ½ TURN

1 2 3 Step L fwd (1), Raise R slowly like a kick for two counts (2,3) [3:00]  
4 5 6 Cross R over L (4), Step L back (5), Make a ½ turn R stepping R fwd (6) [9:00]

### **STEP, SPIRAL, STEP, HOLD**

1 2 3 Step fwd L (1), Unwind a full turn R for two counts (2,3) [9:00]

4 5 6 Step R fwd (4), Hold for two counts (5,6) [9:00]

### **STEP DRAG X2**

1 2 3 Step L back (1), Drag R foot for two counts (2,3) [9:00]

4 5 6 Step R back (4), Drag L foot for two counts (5,6) [9:00]

### **STEP SWEEP X2**

1 2 3 Step L back (1), Sweep R back for two counts (2,3) [9:00]

4 5 6 Step R back (4), Sweep L back for two counts (5,6) [9:00]

### **BACK TWINKLES X2**

1 2 3 Step L behind R (1), Step R to side (2), Recover weight onto L (3) [9:00]

4 5 6 Step R behind L (4), Step L to side (5), Recover weight onto R (6) [9:00]

### **BEHIND, SIDE, CROSS, ¼ TURN, DRAG**

1 2 3 Step L behind R (1), Step R to side (2), Cross L over R (3) [9:00]

4 5 6 Make a ¼ turn L stepping R back (4), Drag L into R (5,6) [6:00]

**Restart: Happens during the 4th wall. Dance the first 30 counts. Restart right after the first twinkle, cross, ¼ turn, ¼ turn set to the 6 o'clock wall.**

**This dance placed 1st in the intermediate/advance category at the choreography competition at the 2013 JG Marathon.**

**Last Update - 9 Jun 2023**

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