

One Night Shag

COPPER KNOB
STEPSHEETS

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Russell Breslauer (USA) - May 2013

Musik: One Night At a Time - George Strait



Alt. music: Shaggin' On The Boulevard by Alabama

STRUT FORWARD, CHA CHA CHA X2

- 1-2 Point Right toe forward, recover on right heel
- 3&4 Step forward together forward left-right-left
- 5-6 Point Right toe forward, recover on right heel
- 7&8 Step forward together forward left-right-left

ROCK RECOVER, CHA CHA SIDE, ROCK RECOVER, ½ LEFT CHA CHA TURN

- 9-10 Rock forward on right across left, recover on left
- 11&12 Traveling to right side, continue with right-left-right
- 13-14 Rock forward on left, recover on right
- 15&16 ½ Turn to left stepping left right left

WALK, WALK, KICK BALL CHANGE X2

- 1-2 Step Right forward, Left forward
- 3&4 Kick Right foot forward step on Right, step on Left
- 5-6 Step Right forward, Left forward
- 7&8 Kick Right foot forward step on Right, step on Left

VINE RIGHT, CHA CHA SIDE, X 2

- 9-10 Right step side right, left behind right
- 11&12 Traveling to right side right-left-right
- 13-14 Left step side with left, right behind left
- 15&16 Traveling to left side right-left-right

REPEAT

For One Night at a Time, there is a 4 count hold towards the end of the dance.

Contact: BreslauerDanceSF@Yahoo.com