## Sippin' on Southern



Count: 32 Wand: 4 Ebene: Intermediate

Choreograf/in: Guyton Mundy (USA) & Will Craig (USA) - May 2013

Musik: Cruise (feat. Nelly) - Florida Georgia Line



# [1-8] Rock/Recover, Back With Sweep, Behind Side Forward, ¼ Side Rock And Cross, Rock And Cross 1&2 rock forward on left, recover on right, step back on left as you sweep right foot back

3&4 step right behind left, step left to left side, step forward on right

5&6 make a ¼ turn to right as you rock left out to left, recover on right, cross left over right

7&8 rock right to right, recover on left, cross right over left

## [9-16] Sways, ¼ Coaster, ¼ Rock And Cross, ½ Triple, Behind Side Cross

step left to left as you sway to left, step right to right as you sway, step left to left

make a ¼ turn to right as you step back on right, step together with left, step forward on right stepping down on right, make ¼ turn to right stepping

left to left side

7&8 step right behind left, step left to left side, cross right over left

### [17-25] Rock/Recover ½, ¾ Chase Out, Shoulder Rocks, ¼ Turn Drop, Body Roll Up, Coaster

rock forward on left, recover on right, make a ½ turn to left as you step forward on left step forward on right, make a ½ turn to left as you step down on left, make a ¼ turn to left

stepping right out to right side

rock shoulders left, rock shoulders right, make a ¼ turn to left as you step down on left and

bend upper body slightly forward

7& roll body up, starting from head, roll all the way up.

## (its like a body pop as you're rolling up for those 2 counts, weight ending on right)

step back on left, step together with right, step forward on left

#### [26-32] 1/4 Turn Side Rock/Recover Cross, 1/4, 1/4, Cross Rock/Recover, 1/4 Ball Step, Roll, Step

make a ¼ turn to left as you rock right out to right, recover on left, cross right over left make a ¼ turn to right as you step back on left, make a ¼ turn to right as you step right to

right

5-6 cross rock left over right, recover on right

&7&8 step together on ball of left, make a ¼ turn to right and step forward on right as you body roll

back onto left foot, start another roll forward as you step down on right foot, but keep weight

on right foot as this keeps the motion moving forward as you start the dance again.

There are 4 restarts in the dance. BIG NOTE!!!! If you use the version off of iTunes the last restart will be different.

#### Radio edit Choreography Restarts

wall 1. First 16 counts then Restart on 3 o'clock wall

wall 3 (6 o'clock wall) first 8 counts then restart the dance on the 9 o'clock wall

wall 4 (9 o'clock wall) first 16 counts then restart the dance on the 12 o'clock wall

wall 7 (6 o'clock wall) first 12 counts then restart the dance on the 12 o'clock wall

#### iTunes version Restarts

wall 1. First 16 counts then restart on 3 o'clock wall

wall 3 (6 o'clock wall) first 8 counts then restart the dance on the 9 o'clock wall

wall 4 (9 o'clock wall) first 16 counts then restart the dance on the 12 o'clock wall

wall 7 (6 o'clock wall) first 4 counts the restart the dance on the same wall

#### Contacts:-

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