

# The Cradle

**Count:** 32

**Wand:** 2

**Ebene:** Beginner

**Choreograf/in:** Willem Snell (NL) & Anthoneta Snell (NL) - May 2013

**Musik:** The Hand That Rocks The Cradle (feat. Bob Tutupoli) - Tantowi Yahya



**Intro : 16 counts**

**Sways R/L, Back Lockstep, Rock Back, Recover, Side Rock, Recover**

- 1 - 2 Step R to R side (sway), Step L to L side (sway)
- 3 & 4 Step back on R, Cross L over R, step back on R
- 5 - 6 Rock back on L, recover weight to R
- 7 - 8 Rock side on L, recover weight to R

**L. Cross, Side, Behind, Sweep, Behind, Side, Cross, Touch L.side**

- 1 - 4 Cross L over R, step R to R side, cross step L behind R, sweep R to behind R
- 5 - 8 Cross step R behind L, step L to L side, cross R over L, touch L beside R

**Rock Fwd., Recover, ¼ Turn Left Chassé, Rocking Chair**

- 1 - 2 Rock forward on L, recover weight on R
- 3 & 4 Make a ¼ turn L, stepping side, step R beside L, step L to L side
- 5 - 6 Rock forward on R, recover weight on L
- 7 - 8 Rock back on R, recover weight on L

**Side, Step, Chassé Right, Rock Fwd, Recover, Sailor ¼ Turn L**

- 1 - 2 Step R to R side, step L beside R
- 3 & 4 Step R to R side, step L beside R, step R to R side
- 5 - 6 Rock forward on L, recover weight on R
- 7 & 8 Making a sailor ¼ turn L, cross step L behind R, step R to R side, step forward on L

**Start Again - Have Fun**

**Website:** [www.quicklinedancers.com](http://www.quicklinedancers.com)