

Once In A Lifetime

Count: 16

Wand: 4

Ebene: Beginner

Choreograf/in: Michael Diven (USA) - May 2013

Musik: Once in a Lifetime - Craig David



Intro: 32 counts

CROSS, STEP, SYNCOPATED WEAVE, SIDE ROCK, RECOVER, SYNCOPATED WEAVE WITH TURN ¼ LEFT

- | | |
|-----|---|
| 1-2 | Cross left over, step right side |
| 3&4 | Behind-side-cross left-right-left |
| 5-6 | Rock right side, recover to left |
| 7&8 | Cross right behind, turn ¼ left and step left forward, step right forward |

ROCK, RECOVER, LOCK STEP BACK, BACK, TOUCH, BACK, TOUCH, RIGHT CHASSÉ

- | | |
|-----|--------------------------------------|
| 1-2 | Rock left forward, recover to right |
| 3&4 | Locking chassé back left-right-left |
| 5& | Step right back, touch left together |
| 6& | Step left back, touch right together |
| 7&8 | Chassé side right-left-right |

REPEAT

This step sheet is provided by Dare 2 Dance Productions. Telephone: (717) 319-5514 or
E-mail: cwdance@localnet.com Website: www.dare2dance.net Page 1