Smashed



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Karl-Harry Winson (UK) - April 2013

Musik: Superstar (Smash It) - Kimberly Cole : (Album: Superstar - EP)



Intro: 48 Counts/22 Seconds

Syncopated Forward Rocks. Full turn Left. Left Coaster Cross.

1 – 2	Rock forward on Right. Recove	er weight back on Left.

&3-4 Step Right beside Left. Rock forward on Left. Recover weight back on Right.

5 – 6 Make a 1/2 turn Left stepping forward on Left. Make a 1/2 turn Left stepping back on Right.

7&8 Step back on Left. Step Right beside Left. Cross step Left over Right.

Syncopated Side Rocks. Jazz Box 1/4 Cross.

1 – 2 Rock Right out to Right side. Recover weight on Left.

&3-4 Step Right in place beside Left. Rock Left out to Left side. Recover weight on Right.

5 – 8 Cross Left of Right. Make 1/4 Left stepping back on Right. Step Left to Left side. Cross step

Right over Left.

Chasse Left. Rock back. 1 1/4 Rolling Vine Right.

1&2 Step Left to Left side. Close Right beside Left. Step Left to Left side.

3 – 4 Rock back on Right. Recover weight forward on Left.

5 – 6 Make 1/4 turn Right stepping Right forward. Make 1/2 turn Right stepping back on Left.

7 – 8 Make 1/2 turn Right stepping forward on Right. Step Left forward. (12.00).

Forward Rock. Foot Slides Back. 1/4 Turn-Point. 1/4 turn-Sweep/Brush.

1 – 2 Rock forward on Right. Recover weight back on Left.

Slide the Right foot back past the Left with weight whilst popping Left knee forward.

Slide the Left foot back past the Right with weight whilst popping Right knee forward.

5 – 6 Make 1/4 turn Right stepping Right out to Right side. Point Left toe out to left side.

7 – 8 Make 1/4 turn Left stepping forward on Left. Sweep Right foot from front to back lightly

brushing the floor.

*Note: Can replace counts 3 – 4 (foot slides) with two walks back stepping: Right, Left.

Cross-Point. Kick Ball-Touch. Knee Pushes: Left & Right. Right coaster Cross.

1 – 2 Cross Right over Left. Point Left out to Left side.

3&4 Kick Left foot forward. Step Left beside Right. Touch Right toe in place beside Left with knee

pushed forward.

*Restart Here on Wall 2. (Facing 6 O'clock Wall).

5 Bring Right knee in to neutral position as you push Left knee forward.
6 Bring Left knee in to neutral position as you push Right knee forward.
7&8 Step back on Right. Step Left beside Right. Cross step Right over Left.

Chasse Left. Back Rock. Right Kick Ball-Cross. 1/2 turn Left.

1&2 Step Left to Left side. Close Right beside Left. Step Left to Left side.

3 – 4 Rock back on Right. Recover weight forward on Left.

5&6 Kick Right foot towards Right diagonal/Corner. Step Right beside Left. Cross step Left over

Right.

7 – 8 Make 1/4 turn Left stepping back on Right. Make 1/4 turn Left stepping Left out to Left side.

(6.00).

Cross-Hold. & Heel-Hold. Ball-Cross. 1/4 turn Left. Touch-Pivot 1/4 turn.

1 – 2 Cross Right foot over Left. Hold.

&3-4	Step Left foot back to Left diagonal. Dig Right heel towards Right diagonal/Corner. Hold.
&5-6	Step Right beside Left. Cross step Left over Right. Make 1/4 turn Left stepping back on Right.
7 – 8	Touch Left toe back. Pivot 1/4 turn Left transferring weight onto the Left foot as you do this. (12.00).

Cross Rock. Right Chasse 1/4 turn. Forward Rock. Reverse Sailor 1/4 turn.

1 – 2 Cross rock Right over Left. Recover weight on	Left.
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3&4 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping Right forward. (3.00).

5 – 6 Rock forward on Left. Recover weight on Right.

7&8 Step back on Left. Make 1/4 turn Right stepping Right to Right side. Step forward on Left.

(6.00).

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