

Sweet Seniorita

Count: 32

Wand: 4

Ebene: Improver - Cuban

Choreograf/in: Christina Yang (KOR) - April 2013

Musik: Sweet Seniorita - Smile.Dk



Start the dance after 32 counts

[1-8] RF forward walk, recover, backward chasse x 2, RF backward walk, LF recover, RF flick back

- 1-2 RF forward walk, LF in place
- 3&4 RF backward walk, LF crossed over RF, RF backward walk
- 5&6 LF backward walk, RF crossed over LF, LF backward walk
- 7-8 RF backward walk, LF in place with RF flick to back

[9-16] RF forward walk, side touch, LF Forward walk, side touch, 1/4 turn to R with RF forward walk, side touch, 1/2 Monterey turn to L

- 1-2 RF forward walk, LF to side touch,
- 3-4 LF forward walk, RF to side touch
- 5-6 1/4 turn to R with RF forward walk, LF to side touch
- 7-8 1/2 Monterey turn to L

[17-24] 1/4 turn to R with jazz box, 1/4 turn to R with jazz box

- 1-2 RF crossed over LF, 1/4 turn to R with LF backward walk
- 3-4 RF to side, LF forward walk
- 5-6 RF crossed over LF, 1/4 turn to R with LF backward walk
- 7-8 RF to side, LF Forward walk

[25-32] Hip bump, hip bump, 1/4 turn to L while hip rolls, 1/4 turn to L while hip rolls

- 1&2 RF diagonal forward bump hips to R, hip center, bump hips to R(weight on R)
- 3&4 LF diagonal forward bump hips L, hip center, bump hips L(weight on the L)
- 5-6 1/4 turn to L while rolling hips around
- 7-8 1/4 turn to L while rolling hips around

Ending pose: You should put the back of the right hand to your forehead at the same time the back of the left hand to your sides with twist your body at the waist to looks like a flamenco dancer.
