190 Proof X 2 (P)



Count: 32 Wand: 0 Ebene: Beginner Partner

Choreograf/in: Jill Weiss (USA) & Kevin Fritch - March 2013

Musik: Shake It (feat. Big & Rich) - The Lacs



Position: Couples face forward LOD holding inside hands, man on inside, woman on outside All steps are on opposite feet!

OUTSIDE HEEL, INSIDE HEEL, OUTSIDE FOOT KICK TWICE, BACK ROCK

1-2	Touch outside heel forward, step feet together
3-4	Touch inside heel forward, step feet together

5-6 Kick outside foot forward twice

7-8 Rock back on outside foot, recover to inside

STEP TOUCHES FACING TOWARD PARTNER, VINE WITH SCUFF AND ½ TURN

1-Z W. OLED HAHL IOOL IHLO EOD. LAHIIHA LO IACE DALLIEL. LOUCH IEH IOOL LOUELHE	1-2	W: Step right foot into LOD, turning to face partner, touch left foot together
---	-----	--

3-4 W: Step left to side, touch right together

1-2 M: Step left foot into LOD, turning to face partner, touch right together

3-4 M: Step right to side, touch left together

(Woman now facing inside LOD, man facing outside LOD, continue holding hands)

5-8 Vine down LOD – step side, behind, side, scuff and turn ½ turn facing outside LOD

(Partners now back to back, man facing into circle, woman facing outside)

VINE WITH SCUFF AND 1/4 TURN, HIP ROLLS

1-4 Vine down LOD – step side, behind, side, scuff and turn ¼ facing down LOD in original

position

5-8 Place weight on outside foot while rolling hips twice, ending with weight on inside foot

STEP SCUFFS, HIP ROLLS

1-4 Step forward on outside foot, scuff inside foot, step forward on inside foot, scuff outside foot

5-8 Place weight on outside foot while rolling hips twice, ending with weight on inside foot

REPEAT

Contact: jill@fatcityscreenprinting.com