

# One Day

Count: 32

Wand: 4

Ebene: Beginner - Non Country

Choreograf/in: Fabien REGOLI (FR) - March 2013

Musik: One Day by Asaf Avidan



## [1-8] Rockstep, Costerstep, Rockstep, Sailor step ¼ turn

- 1-2 Step right forward (to support PD), back onto left
- 3 & 4 Step right back, step left beside right, step right forward
- 5-6 Step left forward (to support PG), Back support PD
- 7 & 8 Step left back ¼ turn right, step right beside left, step forward

## [9-16] Step side, Cross back, Shuffle right, Rockstep cross, Shuffle left

- 1-2 Step right side right, cross left behind right
- 3 & 4 Step right side (D G D)
- 5-6 Step left across right (taking weight on left), back onto right
- 7 & 8 Step left side left (GDG)

## [17-24] Walk, Walk, Shuffle forward, Step forward, ¼ turn, Shuffle forward

- 1-2 Walk forward right, Walk forward left
- 3 & 4 Step forward (D G D)
- 5-6 Step Left Forward, 1/4 turn to the right
- 7 & 8 Shuffle forward (G D G)

## [25-32] Step ¼ turn, , Shuffle Cross, Rockside , Behind front side

- 1-2 Step right forward, 1/4 turn left
- 3 & 4 cross to the left side (DGD)
- 5-6 Step left side left (to build), recover onto right
- 7 & 8 Derirere front side to the front side (GDG)

## START OVER AND KEEP SMILING

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Site: <http://thewantedcountrydance.jimdo.com/>