

# Swing A Ling

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Robbie McGowan Hickie (UK) - March 2013

Musik: Swing Baby - David Ball : (CD: Amigo)



## 8 Count intro

### Hip Push (Left & Right). Chasse Left. Hip Push (Right & Left). Chasse Right.

- 1 – 2 Step Left to Left side pushing hips Left. Push hips Right.  
3&4 Step Left to Left side. Close Right beside Left. Step Left to Left side.  
5 – 6 Step Right to Right side pushing hips Right. Push hips Left.  
7&8 Step Right to Right side. Close Left beside Right. Step Right to Right side.

**Option: Counts 1 – 2 above ... Raise both hands up in front of chest (Palms Facing Outward)**

**Sway hands Left. Sway hands Right ... Repeat in Opposite Direction for Counts 5 – 6**

### Cross. 1/4 Turn Left. Left Coaster Step. Charleston Steps.

- 1 – 2 Cross step Left over Right. Make 1/4 turn Left stepping back on Right.  
3&4 Step back on Left. Step Right beside Left. Step forward on Left. (Facing 9 o'clock)  
5 Swing/Sweep Right out and around touching Right toe forward.  
6 Swing/Sweep Right out and around stepping back on Right.  
7 Swing/Sweep Left out and around touching Left toe back.  
8 Swing/Sweep Left out and around stepping forward on Left.

### Diagonal Locks Steps Forward (Right & Left). Cross. Step Back. Chasse 1/4 Turn Right.

- 1&2 Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward Right.  
3&4 Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left.  
5 – 6 Cross step Right over Left. Step Back on Left pushing Hips Back. (Facing 9 o'clock)  
7&8 Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.

### Step. Pivot 1/4 Turn Right. Left Cross Shuffle. Lunge. Recover. Behind & Cross.

- 1 – 2 Step forward on Left. Pivot 1/4 turn Right.  
3&4 Cross step Left over Right. Step Right to Right side. Cross step Left over Right.  
5 – 6 Lunge Right out to Right side. Recover weight on Left.  
7&8 Cross Right behind Left. Step Left to Left side. Cross step Right over Left. (Facing 3 o'clock)

## Start Again

Contact: [www.robbiemh.co.uk](http://www.robbiemh.co.uk)