

# Just A Man

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Don Pascual (FR) - December 2012

Musik: I'm Just a Man - The Lennerockers



**Start on vocals (after the intro, 3 counts from the first drum-beat)**

**Section 1: Step R fwd, touch+clap, step L backward, touch+clap, (flick R+slap, touch) x2**

- 1-4 Step R forward (R diagonal), touch L beside R + clap, L step backward (L diagonal), touch R beside L + clap
- 5-6 Flick R to the R + slap R foot with R hand, touch R beside L
- 7-8 Flick R to the R + slap R foot with R hand, touch R beside L

**Section 2: Run R, run L, stomp R, stomp L, double knee-pop, double knee-pop**

- 1-4 Runs forward R & L, stomp R beside L, stomp L beside R
- 5-8 Double knee pop (push knees forward lifting heels, drop heels) x2

**Style: On counts 5 and 7, turn your knees outward while pushing them**

**Section 3: (Step R fwd, hook L + slap behind R, step L backward, hook R + slap) x 2**

- 1-4 Step R forward, hook L + slap behind R, step L backward, hook R across L + slap
- 5-8 Step R forward, hook L + slap behind R, step L backward, hook R across L + slap

**Section 4: Step R fwd, flick L with ¼ T to the R, touch L beside R, flick L with ¼ T to the R, stomp L fwd, stomp R beside L, swivel**

- 1-2 Step R forward (R diagonal), flick L behind (L diagonal) making a ¼ T to the R
- 3-4 Touch L beside R, flick L behind making a ¼ T to the R
- 5-6 Stomp L forward, stomp R beside L
- 7-8 Swivel both heels to the R, recover

**Have fun with this dance...**

**Contact: [countryscal@orange.fr](mailto:countryscal@orange.fr)**

---