

7 Tears

Count: 64

Wand: 4

Ebene: Phrased Easy Intermediate

Choreograf/in: GS Ang (MY) & Tina Chen (TW) - February 2013

Musik: Sieben Tranen muss ein Madchen weinen (Dj Jupp Fox Mix Live) by Ina Colada



Sequence Of Dance : ABBA/ABBA/AAA

Start the dance on vocal after 32 counts.

SECTION A - 32 counts

SIDE ROCK, HEEL SWITCHES, CROSS, SIDE, SAILOR-CROSS

- 1-2 Rock right to right side, recover onto left
- 3&4& Touch right heel forward, step right together, touch left heel forward, step left together
- 5-6 Cross right over left, step left to left side
- 7&8 Cross right behind left, step left to left side, cross right over left

HIP SWAYS, TOUCH, RIGHT ROLLING VINE, TOUCH

- 1-2 Sway hips left, sway hips right
- 3-4 Sway hips left , touch right together
- 5-7 Right rolling vine on RLR
- 8 Touch left together

CROSS, RECOVER, SIDE, CROSS, SYNCOPATED LEFT VINE

- 1-2 Cross left over right, recover onto right
- 3-4 Step left to left side, cross right over left
- 5-6 Step left to left side, cross right behind left
- &7-8 step left to left side, cross right over left, step left to left side

SIDE, TOGETHER, 1/4 TURN RIGHT, RIGHT & LEFT DIAGONAL FORWARD LOCK STEPS

- 1-2 Step right to right side, step left together
- 3&4 1/4 turn right, forward lock steps along right diagonal on RLR
- 5-6 Step left forward to left diagonal, lock right behind left
- 7&8 Forward lock steps on LRL

SECTION B - 32 counts

RIGHT, TOUCH, LEFT, TOUCH, RIGHT ROLLING VINE, TOUCH

- 1-2 Step right to right side, touch left together
- 3-4 Step left to left side, touch right together
- 5-8 Right rolling vine on RLR, touch left together

LEFT, TOUCH, RIGHT TOUCH, LEFT ROLLING VINE, TOUCH

- 1-2 Step left to left side, touch right together
- 3-4 Step right to right side, touch left together
- 5-8 Left rolling vine on LRL, touch right together

WALK FORWARD RLRL, HIP SWAYS

- 1-2 Step right forward, walk left forward
- 3-4 Step right forward, walk left forward
- 5-8 Sway hips RLRL

ROCKING CHAIR, PIVOT 1/2 TURN LEFT, PIVOT 1/4 TURN LEFT

- 1-2 Rock right forward, recover onto left
- 3-4 Rock right back, recover onto left
- 5-6 Step right forward, pivot 1/2 turn left

7-8 Step right forward, pivot 1/4 turn left

Contact: www.sjlinedancer.blogspot.com
