

# Tryin To Forget

**COPPER** **NOB**  
BY STEPHEN METZ

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: David Sinfield (UK) - February 2013

Musik: Baby It's Over - Helena Paparizou : (iTunes)



## Start Dance On Lyrics

### **SIDE, BEHIND, TOUCH BALL CROSS, SIDE ROCK, BEHIND SIDE CROSS**

- 1-2 Step right to right, cross left behind right  
3&4 Touch right forward, step down on the ball of right, cross left over right  
5-6 Rock right to right, replace weight onto left  
7&8 Cross right behind left, step left to left, cross right over left

### **SIDE ROCK, SAILOR ¼ TURN LEFT, ROCK STEP, SHUFFLE ½ TURN RIGHT**

- 1-2 Rock left to left, replace weight onto right  
3&4 Cross left behind right, step right to right, step left into ¼ turn left  
5-6 Rock forward on right, replace weight onto left  
7&8 Shuffle ½ turn right stepping right-left-right

### **ROCK FORWARD, COASTER STEP, SYNCOPATED VINE RIGHT, POINT**

- 1-2 Rock forward on left, replace weight onto right  
3&4 Step back left, step right beside left, step forward left  
5-6 Step right to right, cross left behind right  
&7-8 Step right to right, cross left over right, point right to right

### **CROSS POINT, CROSS POINT, CROSS UNWIND ½ TURN, KICK BALL CHANGE**

- 1-2 Cross right over left, point left to left  
3-4 Cross left over right, point right to right  
5-6 Cross right over left, unwind ½ turn left(keeping weight onto left)  
7&8 Kick right forward, step right down, step left in place with right
-