

Chang Shou Xin Nian Ge

Count: 112

Wand: 1

Ebene: Phrased High Beginner

Choreograf/in: Lee Yoke Pheng - January 2013

Musik: Da Jia Chang Shou Xin Nian Ge by M Girls



Intro: 16 Counts (0.09 Sec.)

Dance Sequence: CBC / AA Tag A / CBDC / AA Tag A / CBCB

Part A (32 counts)

(1-8) Right Vine Heel, Left Vine Heel

- 1-2 Step right to side, cross left behind right
- 3-4 Step right to side, touch left heel forward (right thumb up @ chest)
- 5-6 Step left to side, cross right behind left
- 7-8 Step left to side, touch right heel forward (left thumb up @ chest)

(9-16) ¼ Right, ½ Right, Coaster, Forward Shuffle

- 1-2 Turning ¼ right, step right forward (3.00), turn ½ right step left back (9.00)
- 3&4 Step right back, step left next to right, step right forward
- 5&6 Shuffle forward LRL
- 7&8 Shuffle forward RLR

(17-24) ¼ Paddle (3 times), Forward Mambo

- 1-2 Step left forward, ¼ turn right, shifting weight onto right (12.00)
- 3-4 Repeat 1-2 (3.00)
- 5-6 Repeat 3-4 (6.00)
- 7&8 Rock left forward, recover on right, step left next to right

(25-32) Back Mambo, Side Mambo, ½ Turn Mambo

- 1&2 Rock right back, recover on left, step right next to left
- 3&4 Rock left to side, recover on right, step left next to right
- 5&6 Rock right to side, recover on left, step right next to left
- 7&8 Rock left forward, recover on right, ½ turn left, step left forward (12.00)

Part B (32 counts)

(1-8) Jump touch (3 times), Hold, Walk, Walk, Forward Shuffle

- 1-4 Jump right to side, while touching left next to right, jump left to side, touching right next to left, Jump right to side, touching left next to right, hold
- 5-6 Walk forward LR
- 7&8 Shuffle forward LRL

(9-16) Jump touch (3 times), Hold, Walk, Walk, Forward Shuffle

- 1-4 Jump right to side, while touching left next to right, jump left to side, touching right next to left, Jump right to side, touching left next to right, hold
- 5-6 Walk back LR
- 7&8 Shuffle back LRL

(17-24) Jump touch (3 times), Hold, Rock Recover, ½ Turn Forward Shuffle

- 1-4 Jump right to side, while touching left next to right, jump left to side, touching right next to left, Jump right to side, touching left next to right, hold
- 5-6 Rock left forward, recover on right
- 7&8 Turn ½ left, shuffle forward LRL (6.00)

(25-32) Jump touch (3 times), Hold, Rock Recover, ½ Turn Forward Shuffle

- 1-4 Jump right to side , while touching left next to right, jump left to side, touching right next to left, Jump right to side, touching left next to right, hold
- 5-6 Rock left forward, recover on right
- 7&8 Turn ½ left, shuffle forward LRL (12.00)

Part C (16 counts)

(1-8) Diagonal Forward Shuffle (4 times)

- 1&2 Diagonal right, shuffle forward RLR
- 3&4 Diagonal left, shuffle forward LRL
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

(*Note: You can replace the shuffles with hip bumps)

(9-16) Diagonal Back Shuffle (4times)

- 1&2 Diagonal right, shuffle back RLR
- 3&4 Diagonal left, shuffle back LRL
- 5&6 Repeat 1&2
- 7&8 Repeat 3&4

(* Note: You can replace the shuffles with hip bumps)

Part D (32 counts)

(1-8) Side, Together, Side Chasse, ½ Turn , Side, Together, Side Chasse

- 1-2 Step right to side, step left next to right
- 3&4& Step right to side, step left next to right, step right to side, ½ turn right (WOR), (6.00)
- 5-6 Step left to side, step right next to left
- 7&8 Step left to side, step right next to left, step left to side

(9-16) Side, Together, Side Chasse, ½ Turn , Side, Together, Side Chasse

- 1-2 Step right to side, step left next to right
- 3&4& Step right to side, step left next to right, step right to side, ½ turn right (WOR), (12.00)
- 5-7 Step left to side, step right next to left
- 7&8 Step left to side, step right next to left, step left to side

(17-24) Double Heel , Behind Side Cross (2 times)

- 1-2 Tap right heel forward diagonal twice (hands- gongxi greetings)
- 3&4 Cross right behind left, step left to side, cross right over left
- 5-6 Tap left heel forward diagonal twice (hands – gongxi greetings)
- 7&8 Cross left behind right, step right to side, cross left over right

(25-32) ¼ Turn Walk, Walk, ¼ Turn Shuffle x2 (in a circle)

- 1-2 Make a ¼ turn right and walk forward RL
- 3&4 Make a ¼ turn right and shuffle forward RLR
- 5-6 Make a ¼ turn right and walk forward RL
- 7&8 Make a ¼ turn right and shuffle forward RLR

Tag (8 counts)

- 1-4 Cross right over left, point left to side, cross left over right, point right to side
- 5-8 Cross right behind left, point left to side, cross left behind right, point right to side

Last Revision - 15th January 2013
