

American Beauty

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Peter Jones (UK) & Anna Lockwood (UK) - November 2012

Musik: American Beauty - The Lost Trailers : (CD: American Beauty - iTunes)



Starts 32 Counts In.

S1: Side, Together, Forward, Hold, Step, ½ Turn, Step, Hold.

1-2-3-4 Step R To R Side, Step L Next To R, Step Forward Onto R, Hold.

5-6-7-8 Step Forward Onto L, Pivot ½ R Onto R, Step Forward Onto L.

S2: Side, Together, Forward, Hold, Step, ¼ Turn, Cross, Hold.

1-2-3-4 Step R To R Side, Step L Next To R, Step Forward Onto R, Hold.

5-6-7-8 Step Forward Onto L, Pivot ¼ R Onto R, Cross L Over R, Hold.

S3: Side, Behind, Side, Hold, Back, Recover, Side, Hold.

1-2-3-4 Step R To R Side, Step L Behind R, Step R To R Side, Hold.

5-6-7-8 Rock L Behind R, Recover Weight Onto R, Step L To L Side, Hold.

S4: Behind, ¼, Step, Hold, Kick, Ball, Point, Hold.

1-2-3-4 Step R Behind L, Step ¼ L Onto L, Step Forward Onto R, Hold.

5-6-7-8 Kick L Forward, Step L Next To R, Point R To R Side, Hold.

S5: Kick, Ball, Point, Hold, Behind, Side, Cross, Hold.

1-2-3-4 Kick R Forward, Step R Next To L, Point L To L Side, Hold.

5-6-7-8 Step L Behind R, Step R To R Side, Cross L Over R, Hold.

S6: Side, Touch, Side, Hold, Behind, Side, ¼ Step, Hold.

1-2-3-4 Step R To R Side, Touch L Next To R, Step L To L Side, Hold.

5-6-7-8 Step R Behind L, Step ¼ Onto L, Step Forward Onto R, Hold.

S7: Step, Lock, Step, Hold, Step, Lock, Step, Hold.

1-2-3-4 Step Forward Onto L, Step R Behind To L, Step Forward Onto L, Hold.

5-6-7-8 Step Forward Onto R, Step L Behind To R, Step Forward Onto R, Hold.

S8: Cross, Hold, Back, Hold, Shuffle ½ Turn, Hold.

1-2-3-4 Cross L Over R, Hold, Step Back Onto R, Hold.

5-6-7-8 Step ½ L Onto L, Step R Next To L, Step Forward Onto L, Hold.

Have fun and dance with a smile ;0)

Contact: www.peterandanna.co.uk