

Beats No More

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Kim Liebsch (DK) - November 2012

Musik: Until It Beats No More - Jennifer Lopez



Intro: 8 Counts (appr. 4 seconds from 1st beat) - Start with weight on L foot

1 Restart: On wall 5 after 8 counts *

1 tag: 4 counts tag after wall 10 (step, step turn, back rock)

#1 section: Step full turn, shuffle fw. rock recover, coaster step

1-2-3 Step fw. R, make ½ turn R, stepping back L, make ½ turn R, stepping fw. R 12:00
4&5 Step fw. on L, step R next to L, step fw. on L 12:00
6-7 Rock fw. on R, recover on L 12:00
8& Step back on R, step L next to R *(restart on wall 5) 12:00

#2 section: Step fw. sweep ¼ turn L, cross shuffle, side rock, step ½ turn

1-2-3 Step fw. on R, step fw. on L, sweep ¼ turn L with R foot 9:00
4&5 Cross R over L, step L to L, cross R over L 9:00
6-7 Step L to L side, recover on R 9:00
8& Step fw. on L, make ½ turn R, putting weight on R 3:00

#3 section: Step fw., step ½ turn with hip roll (for styling), shuffle fw. X 2

1-2-3 Step fw. on L, step fw. on R, make ½ turn L, putting weight on L (with hip) 9:00
4&5 Step fw. on R, step L next to R, step fw. on R 9:00
6-7 Step fw. on L, make ½ turn R, putting weight on R (with hip) 3:00
8& Step fw. on L, step R next to L 3:00

#4 section: Step fw. Rock recover, shuffle back, back rock, kick ball step

1-2-3 Step fw. on L, step fw. on R, recover on L 3:00
4&5 Step back on R, step L next to R, step back on R 3:00
6-7 Step back on L, recover on R 3:00
8& Kick L fw. step L beside R 3:00

Tag : Step fw. step ½ turn, back rock

1-2 Step fw. on R, make ½ turn R stepping back on L 3:00
3-4 Rock back on R, recover on L 9:00

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