Catch My Breath



Count: 32 Wand: 2 Ebene: Lower Intermediate

Choreograf/in: Mark Furnell (UK) - November 2012

Musik: Catch My Breath - Kelly Clarkson



Available on iTunes and Amazon. From the 25th Nov 2012. But available to download from American iTunes if you have an account.

[1-8] Stomp, Hold, Ball Step Touch. Turn, Turn, Coaster	r Step	Coaster	Turn,	Turn,	Touch.	Step	Ball	Hold.	Stomp,	[1-8]
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12	Stomp Rt to Rt Hold

&3,4 Step Lt to Rt, step Rt to Rt, Touch Lt to Rt

5-6 Step Lt to Lt making ¼ turn Lt, Step back Rt making ½ turn Lt.

7&8 Step back Lt, Close Rt to Lt, Step fwd Lt

[9-16] Stomp, Hold, Ball Step Tap, And Touch And Kick And Touch And Kick

1-2 Stomp Fwd Rt, Hold

&3-4 Step Lt to Rt, Step Rt Fwd, Tap Lt toe behind Rt

&5-6 Step Down on Lt, Touch Rt toe across Lt bending Lt knee, Kick Rt Fwd, &7-8 Step back Rt, touch Lt toe across Rt bending Rt knee, Kick Lt Fwd.

[17-24] Coaster Step, Shuffle, Rock Step, Shuffle Turn.

1&2	Step back on Lt, Close Rt to Lt, Step fwd on Lt
3&4	Step Fwd Rt, Close Lt to Rt, Step Fwd Rt

5, 6 Rock Fwd Lt, Replace Rt,

7&8 Step Lt to Lt making ¼ turn Lt, Close Rt to Lt, Step Lt to Lt making ¼ turn Lt.

[25-32] Rock Turn, Behind Side Cross, Rock Step, Triple Whole Turn

1,2	Rock Rt to Rt making ¼ turn Lt, Replace Lt,
3&4	Step Rt behind Lt, Step Lt to Lt, Step Rt over Lt

5,6 Rock Lt to Lt, Replace Rt

7&8 Triple whole turn left, Stepping Lt, Rt Lt.

Happy Dancing....

PsNo Tags or Restarts ~~~~~~~