Shakin' Your Head



Count: 32 Wand: 4 Ebene: Newcomer / Novice - Funky

motion

Choreograf/in: Miquel Menéndez (ES) - November 2012

Musik: SMH (Shakin' My Head) (feat. Flo Rida) - Detail



HOP, BACK, COASTER STEP, CROSS ROCK, SWEEP, SAILOR STEP

- 1 RF Jump forward 2 LF Recover
- 3 RF Step backwards & LF Step next to RF 4 RF Step forward
- 5 LF Cross Rock over RF
- 6 RF Recover, Sweep LF from front to back
- 7 LF Cross behind RF & RF Step to right 8 LF Step to left

HITCH, BACK, 1/4 TURN R, TOGETHER, RIGHT CHASSÉ, HALF TWIST TURN LEFT

- RF Hitch forward 10 RF Step backwards
- 11 BF 1/4 turn right on both feet (3:00)
- 12 LF Step next to RF 13 RF Step to right & LF Step next to RF 14 RF Step to right 15 LF Cross behind RF
- 16 ½ turn left, both feet ends apart (9:00)

DIAGONAL, DRAG, HITCH, WEAVE, DOWN, UP, TOGETHER, CROSS

- 17 RF Step digonally forward, drag LF next to RF
- 18 LF Cross behind RF, Hitch with RF
- 19 RF Cross behind LF
- & LF Step to left
- 20 RF Cross over LF
- LF Step to left, go down bending your knees 21
- 22 RF Step next to LF, throw LF to left
- 23 LF Cross over RF
- 24 Hold

HEEL JACKS, ½ STEP TURN L, PIVOT TURNS

- & RF Step to right
- 1 LF Heel touch diagonally forward (7:30)
- & LF Step next to RF
- 2 RF Cross over LF
- & LF Step to left
- 3 RF Heel touch diagonally forward (10:30)
- & RF Step next to LF
- 4 LF Cross over RF
- 5 RF Step forward
- 6 LF ½ turn left, step in place (3:00)

- 7 RF ½ turn left, step backwards (9:00)
- 8 LF ½ turn left, step forward (3:00)

After the 8th wall there is a TAG, you dance the first 8 counts of the dance and you Start the dance again! ENJOY!