# The Strip Polka



Count: 32 Wand: 1 Ebene: Beginner

Choreograf/in: Marilene Sisco (USA) & Mary McConnell - October 2012

Musik: Strip Polka - The Andrews Sisters



Walls: 1 (can be easily made into more by changing jazz box into turning jazz box)

## SIDE ROCK, RECOVER, CROSS TRIPPLE, SIDE ROCK, RECOVER, CROSS TRIPLE

1-2 Rock Right to Right side, Recover Left

3&4 Cross Right in front of Left, step Left to Left side, cross Right in front of Left

5-6 Rock Left to Left side, Recover Right

7&8 Cross Left in front of Right, step right to Right side, cross Left in front of Right

## WALK FORWARD (RIGHT-LEFT-RIGHT), KICK LEFT; WALK BACK (LEFT RIGHT), LEFT COASTER STEP

1-4 Step right forward, Step left forward, Step right forward, Left kick forward

5-6 Step left back, Step right back

7&8 Step back on left foot, bring right foot together with left, step forward on left foot

### RIGHT HIP BUMPS, POLKA BACK, COASTER STEP

1-4 push hip right bring back, repeat.5&6 Triple backward right-left-right

7&8 Step back on left foot, bring right foot together with left, step forward on left foot

### JAZZ BOX, STEP SLIDE, HIP CIRCLE

1-4 Cross right foot over left, while stepping back on left foot, Step slightly to the right on right

foot, bring left foot together with the right (putting weight on it)

5-6 Step out far on the right, Drag/slide left to the right 7&8 Circle hips around.(while tossing gloves, hats, etc.)

Have fun with this, and remember:-

"But she's always a lady even in pantomime So she stops! And always just in time" from the lyrics.

Contact: marychrismcconnell@gmail.com