

# Catch My Breath

**COPPER** **KNOB**  
BY STEPHENETS

Count: 32

Wand: 4

Ebene: Intermediate - WCS

Choreograf/in: Søren Kristensen (DK) - October 2012

Musik: Catch My Breath - Kelly Clarkson



**Music alternative: Hot Mama by Trace Adkins**

**Intro: start when she sings "Left". 32 counts intro**

**NO TAGS OR RESTARTS!!!**

**STEP FWD R, TOGETHER, TRIPLE FULLTURN R, ROCK FWD L, RECOVER, KICK L, BACK, CROSS**

- 1-2 Step fwd on R, Step L next to R
- 3&4 Make a triple fullturn R stepping R,L,R on the spot (counter clockwise)
- 5-6 Rock fwd on L, Recover onto R
- 7&8 Kick fwd L, Step back on L, Cross R over L

**BACK L, SIDE R, CROSS SHUFFLE, ¼ TURN L, ¼ TURN L, KICK, BALL, POINT**

- 1-2 Step back on L, Step R to R side
- 3&4 Cross L over R, Step R next to L, Cross L over R
- 5-6 ¼ turn L stepping back on R (9:00), ¼ L stepping L to L side (6:00)
- 7&8 Kick fwd R, step R next to L, Point L to L side

**CROSS, SIDE R, SAILOR ¼ TURN L, POINT R FWD, CROSS, SIDE ROCK ¼ TURN R, STEP FWD L**

- 1-2 Cross L over R, Step R to R side
- 3&4 Cross L behind R, ¼ turn L stepping R next to L, Step L to L side (3:00)
- 5-6 Point R fwd, Cross R over L
- 7&8 Rock L to L side, ¼ turn R stepping onto R, Step fwd on L (6:00)

**KICK R, POINT R SIDE, HITCH ¼ TURN, CROSS, POINT L SIDE, CROSS, ¼ TURN L, CHASSE ¼ TURN L**

- 1-2 Kick R fwd, Point R to R side
- 3&4 Make ¼ turn R with a hitch (9:00), Cross R over L, Point L to L side
- 5-6 Cross L over R, ¼ L stepping back on R (6:00)
- 7&8 Step L to L side, Step R next to L, ¼ L stepping fwd on L (3:00)

**Start again!**

Contact: [soerenkrist@hotmail.com](mailto:soerenkrist@hotmail.com)