

# Roly Poly

Count: 64

Wand: 2

Ebene: Easy Intermediate

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Musik: Roly-Poly - T-ara



Start after 64 counts - Sequence: 64 , 64, tag(4), 64, 64 Bridge(32), 64, 32

## (TAP HEEL TWICE, SAILOR STEP) 2 TIMES

- 1 – 2 Tap R heel diagonally R twice
- 3&4 R step behind L, L step L, R step R
- 5 – 6 Tap L heel diagonally L twice
- 7&8 L step behind R, R step R, L step L

## SIDE, TOUCH, SIDE, TOUCH, SIDE, KNEE BOUNCING, KICK

- 1 – 4 R step R, L touch by R, L step L, R touch by R
- 5 – 8 R step R, leaning to the R bounce R knee & shimmy shoulders, L kick diag L
  
- 1 – 4 L step L, R touch by L, R step R, L touch by R
- 5 – 8 L step L, leaning to the L bounce L knee & shimmy shoulders, R kick diag R

## JAZZ BOX POINT, BEHIND, POINT, BEHIND POINT

- 1 – 4 R step over L, recover on L, R step R, L point L
- 5 – 8 L step behind R, R point R, R step behind L, L point L

## WALK FORWARD, ½ TURN, OUT OUT, HEELS, TOES, HEELS

- 1 – 4 Walk forward L-R-L, turn ½ R (6.00)
- 5 – 6 L step out, R step out
- 7&8 Swivel heels in, toes in, heels in

## FORWARD, ¼ L, BACK, UNWIND ½ R

- 1 – 2 R step forward, recover on L turning ¼ L (3.00)
- 3 – 6 Walk back R-L-R-L
- 7 – 8 R step behind L, unwind ½ R (9.00)

## WALK BACK, ¼ R TURN, SLIDE

- 1 – 4 Walk back R-L-R-L
- 5 – 8 L step forward, slide R to L, ¼ R turn step R, slide L to R (12.00)

## FORWARD, TURN-SLIDE, TURN, SLIDE, SWAY, KICK

- 1 – 2 L step forward, slide R to L turning ¼ R
- 3 – 4 Turning ¼ R step R forward, slide L to R
- 5 – 8 Sway L-R-L, kick R

## BRIDGE:

### (FORWARD, TURN-FLICK, SHUFFLE) TWICE

- 1 – 2 R step forward, turning ½ L flick R back
- 3&4 Shuffle forward R-L-R
- 5 – 6 L step forward, turning ½ R flick L back
- 7&8 Shuffle forward L-R-L

### (VINE, FLICK) TWICE

- 1 – 4 R step over L, L step L, R step behind L, L flick L
- 5 – 8 L step over R, R step R, L step behind R, R flick R

**(CROSS POINT) 4 TIMES**

1 – 4 R step over L, L point L, L step over R, R point R

5 – 8 R step BEHIND L, L point L, L step BEHIND R, R point R

**SWAY, HOLD, SWAY, HOLD, SWAY**

1 – 4 R sway R, hold, L sway L, hold

5 – 8 Sway R-L-R-L

**TAG:**

1 – 2 R long step R, slide L to R

3 – 4 L long step L, slide R to L

**Cheers & God bless.**

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