

# Southern Grits

**COPPER** KNOB  
STEP SHEETS

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Donna Manning (USA) - September 2012

Musik: G.R.I.T.S. - Brantley Gilbert



**1 - 4 count tag after wall 1 - then there are 4 Restarts beginning with walls 2, 4, 6, & 8 (Same place – 16 counts into dance).**

**This will change your walls each time. So, it is, in reality a 4 wall dance. Music driven! Don't let these scare you!**

## **L Back Triple, R Back Triple, Syncopated Rocks, Step Forward**

- 1 & 2 Step L back, close ball of R to L instep, Step back on L  
3 & 4 Step back on R, close ball of L to R instep, Step back on R  
5 & 6 & 7 & Rock back on L, Recover to R, Rock Forward on L, Recover to R, Rock Back on L, Recover to R  
8 Step Forward on L (12:00)

## **R Forward Triple, L Forward Triple, Syncopated Rocks, ¼ Turn L, Cross**

- 1 & 2 Step R Forward, close ball of L to R instep, Step Forward on R  
3 & 4 Step Forward on L, close ball of R to L instep, Step Forward on L  
5 & 6 & Rock Forward on R, Recover To L, Rock back on R, Recover To L  
7 & 8 Step Forward on R, Make ¼ Turn L taking weight to L, Cross R over L (9:00)

**\*\*Restarts are here walls 2, 4, 6, & 8 – add an & count and touch L behind R – start over\*\***

## **¼ Turn R, ¼ Turn R, Cross, Side, ¼ Turn L, ¼ Turn L, ½ turn Left Sailor Cross, Voltas**

- 1 & 2 ¼ Turn R Stepping back on L, ¼ Turn R Stepping R To Side, Cross L over R  
3 & 4 Step R to Side, ¼ Turn L Stepping L to Side, ¼ Turn L Stepping R To Side  
5 & 6 Step L behind R Turning ½ turn L on the ball of L, Step R to R side, Cross L over R angled towards 4:00  
& 7 & 8 Ball of R to R Side, Cross L over R, Ball of R to R Side, Cross L over R - angled towards 4:00 (3:00)

## **Touch, Touch, Step, Back Rock & Step, Side Rock, Cross, Side, Half Turn R, Rock Recover**

- 1 & 2, Touch R to Side, Touch R to L Instep, Step R to Side – as you step to R drag L in changing angle to 1:00  
3 & 4 Staying angled @ 1:00 Back Rock L, Recover To R, Step Forward on L  
5 & 6 R Side Rock, Recover To L (straighten up to 12:00), Cross R over L  
7 & 8 & Step L to Side, ½ Turn R Stepping forward on R, Rock Forward on L, Recover to R (6:00)

**\*\*\*4 count TAG – 1st 4 counts of dance, L Back Triple and R Back Triple – happens only 1 time!\*\*\***

**END OF DANCE!**

**Please do not alter this step sheet in any way.**

**If you would like to use on your website please make sure it is in its original format and include all contact details on this script.**

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**Contact: [www.dancinfree.com](http://www.dancinfree.com)**