

Break It To My Heart

Count: 64

Wand: 2

Ebene: High Beginner

Choreograf/in: Roz Chaplin (UK) & Colin B Smith (UK) - August 2012

Musik: Can't Break It to My Heart - Tracy Lawrence : (CD: The Very Best Of Tracy Lawrence)



Intro 16 counts

RUMBA BOX

- 1-2 Step right to right side, close left beside right
- 3-4 Step right forward, Hold
- 5-6 Step left to left side, close right beside left
- 7-8 Step left back, Hold

LOCKING SHUFFLE BACK, COASTER STEP, HOLD

- 1-2 Step right back, lock left in front of right
- 3-4 Step right back, Hold
- 5-6 Step left back, step right beside left
- 7-8 Step left forward, Hold

Restart Here Wall 3 (6'0'clock)

STEP ¼ TURN, CROSS, HOLD, WEAVE, HOLD

- 1-2 Step forward right, pivot ¼ turn left (9)
- 3-4 Cross right over left, Hold
- 5-6 Step left to left side, cross right behind left
- 7-8 Step left to left side, Hold

JAZZ BOX, SWEEP, JAZZ BOX ¼ TURN, SCUFF

- 1-2 Cross right over left, step left back
- 3-4 Step right to right side, sweep left toe towards right
- 5-6 Cross left over right, step right back
- 7-8 Make ¼ turn to left stepping left forward, scuff right beside left (6)

TOE STRUTS FORWARD X2, COASTER STEP, HOLD

- 1-2 Step right toe forward, drop right heel to floor taking weight
- 3-4 Step left toe forward, drop left heel to floor taking weight
- 5-6 Step back on right, step left beside right
- 7-8 Step forward on right, Hold

TOE STRUTS FORWARD X 2, MAMBO STEP

- 1-2 Step left toe forward, drop left heel to floor taking weight
- 3-4 Step right toe forward, drop right heel to floor taking weight
- 5-6 Rock forward on left, recover onto right
- 7-8 Step left beside right, Hold

RIGHT SIDE ROCK, WEAVE LEFT, CROSS ROCK

- 1-2 Rock right to right side, recover onto left
- 3-4 Cross right over left, step left to left side
- 5-6 Cross right behind left, step left to left side
- 7-8 Cross rock right over left, recover onto left

SIDE, DRAG, ROCK STEP X 2

- 1-2 Step right LONG step to right side, drag left toe towards right

3-4 Rock back on left, recover onto right
5-6 Step left LONG step to left side, drag right toe towards left
7-8 Rock back on right, recover onto left
