Bahama Mama



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Marie Sørensen (TUR) - August 2012

Musik: Bahama Mama - Boney M.: (iTunes)



Intro: 64 Counts

Walk Fwd. Right, Left, Right, Kick, Walk Back Left, Right, Chasse

1-2 Walk fwd. Right, Left

3-4 Walk fwd. Right, Kick Left fwd. & Clap

5-6 Walk, Back Left, Right

7&8 Step Left to Left side, step Right beside Left, step Left to Left side(12:00)

Back Rock, Recover, Chasse, Rock, Recover, 1/4 Turn Shuffle

1-2 Back rock Right, recover

3&4 Step Right to Right side, step Left beside Right, step Right to Right side

Restart the dance here during wall 4 – Facing 09:00 - OBS – Instead of Chasse Right on Count 3&4, Walk fwd. Right, Left on count 7-8, start again.

5-6 Rock Left in front of Right, recover

7&8 ¼ turn Left, step fwd. Left, step Right beside Left, step fwd. Left (09:00)

Restart the dance here, during Wall 9, After 16 Counts - Facing 06:00

Rock, Recover, Coaster Step, Rock, Recover, 1/4 Turn Chasse

1-2 Rock fwd. Right, recover

3&4 Step back on Right, step Left beside Right, step fwd. Right

5-6 Rock fwd. Left, recover

7&8 ¼ turn Left, step Left to Left side, step Right beside Left, step Left to Left side (06:00)

Cross, Point, Cross, Point, Rock, Recover, 3/4 Turn Right, Step

1-2 Cross Right in front of Left, point Left to Left side3-4 Cross Left in front of Right, point Right to Right side

5-6 Rock fwd. Right, recover

7-8 ³/₄ turn Right, step fwd. Right, step fwd. Left (03:00)

RESTARTS:-

During Wall 4 – After 12 Counts – Facing 09:00 - Instead of Chasse Right on Count 3&4, Walk fwd. Right, Left on count 7-8 - Start again.

During Wall 9, After 16 Counts - Facing 06:00 - Start again

Have Fun!

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