# These Wings Are Made To Fly



Count: 32 Wand: 4 Ebene: Improver

Choreograf/in: Grant Stanley (SCO) - July 2012

Musik: Wings - Little Mix



# (Start on lyrics "My Feet")

# WALK R, L, STEP OUT, OUT, STEP IN, IN, LEFT KNEE POP, RIGHT KNEE POP, ROLL HIPS

1-2 Step forward on right, step forward on left

Step left out to left side, step right out to right side, step left in to centre, step right next to left

5-6 Bend Left knee towards right leg, recover, bend right knee towards left leg, recover

&7-8 Roll hips anti-clockwise making a full circle

# CHASSE, ROCK, RECOVER, CHASSE, ROCK, RECOVER

1&2 Step right to right side, left together, step right to right side

3-4 Rock back on left, recover on right

5&6 Step left to left side, right together, step left to left side

7-8 Rock back on right, recover on left

# R STEP 1/4, TOUCH L, L STEP 1/4, TOUCH R, JAZZ BOX 1/4 TURN

| 1-2  | Step forward on right making 1/4 left, touch left forward   |
|------|---|
| 3-4  | Step forward on left making 1/4 right, touch right forward  |
| &5-6 | Step right forward, cross left over right, step right back  |
| 7-8  | Step left to left side making 1/4 left, step right together |

#### STOMP, STOMP, BUMP, BUMP, PADDLE FULL TURN

1-2 Stomp left foot forward, stomp right foot forward3-4 Bump hips to left side, bump hips to right side

5-6, Step left making quarter turn left, keeping weight on left make a 1/4 turn left pointing right to

right side, make another 1/4 turn left pointing right to right side

7-8 Make a 1/4 turn left pointing right to right side, touch right foot together.

# Have fun and enjoy!